VISIT…

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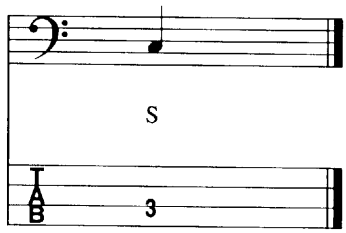
Section A

Thumb Slap (S)



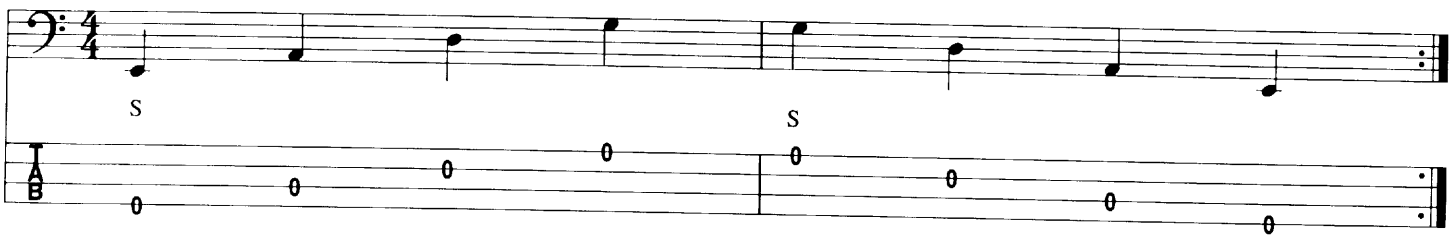
Slap the string with the side of the thumb.

Part 1 *Exercises to develop the thumb slap technique*

Part 2 *Patterns using the thumb slap technique*

PART ONE *Exercises to develop the thumb slap technique*

Exercise 1



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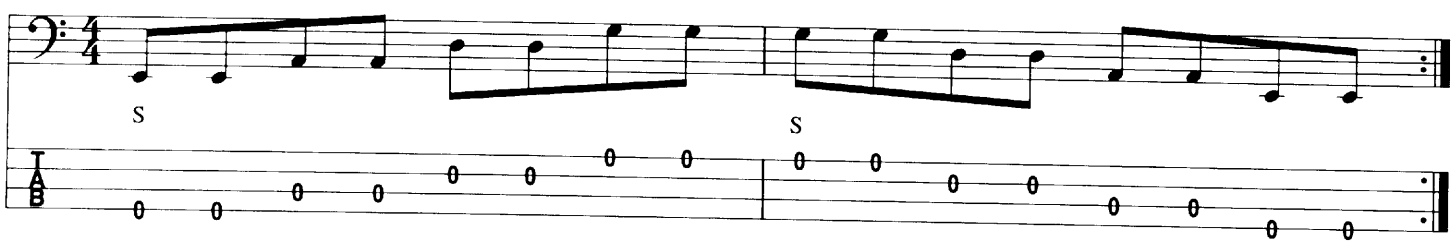

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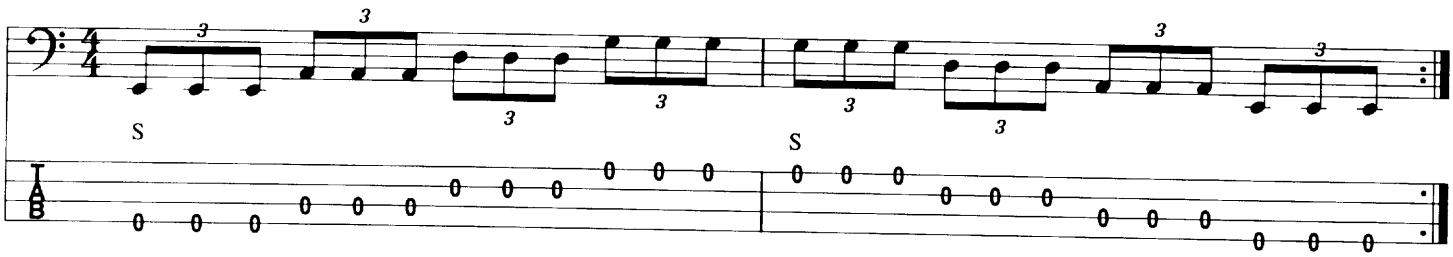

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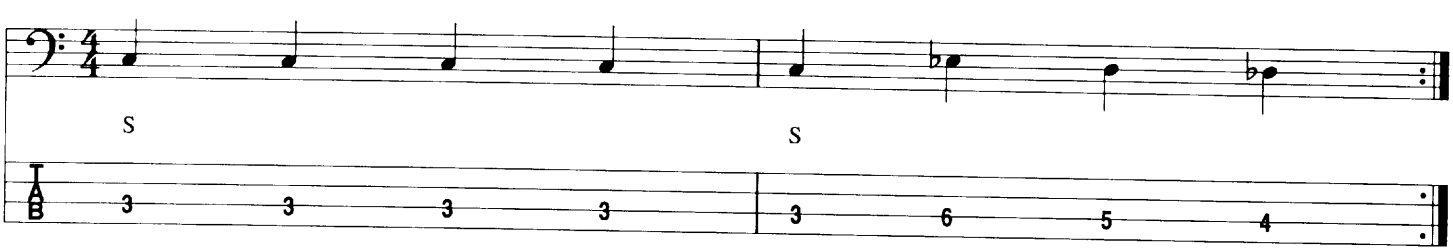

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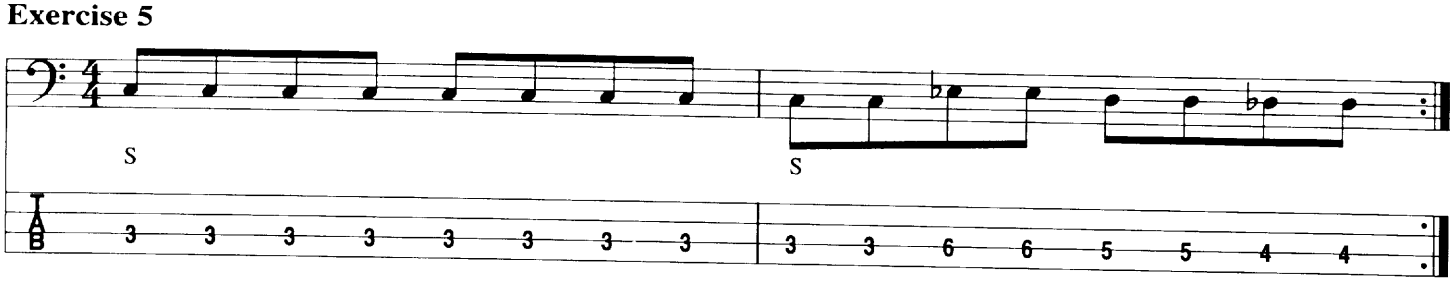

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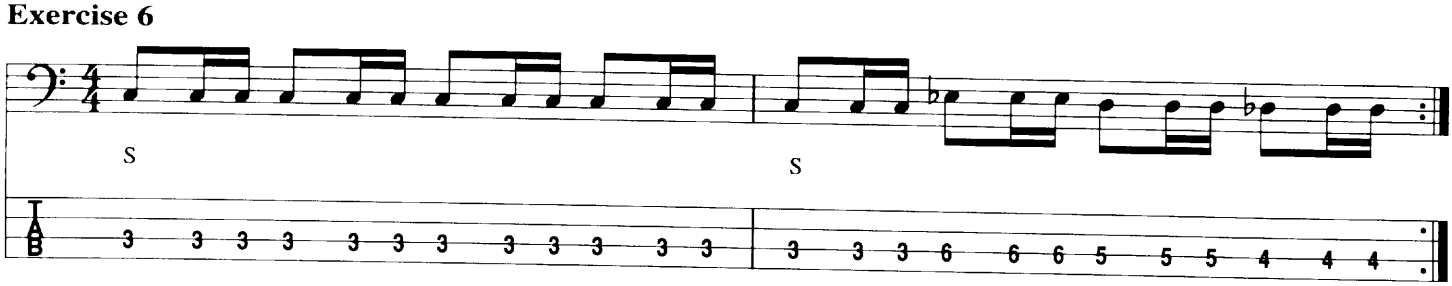

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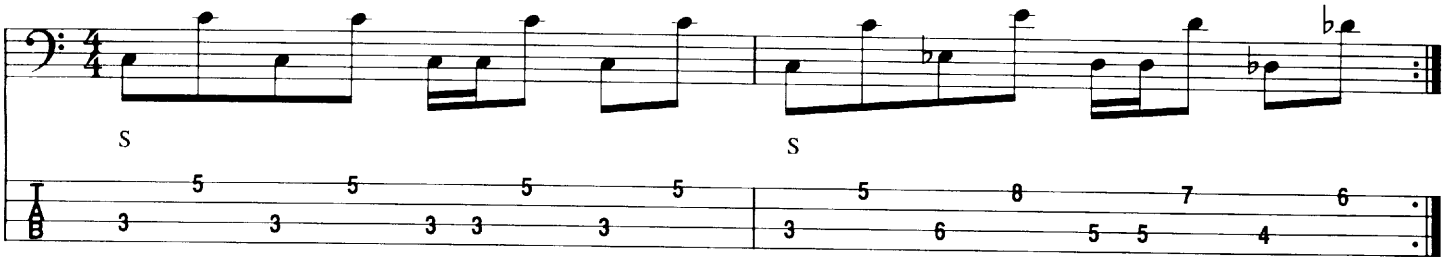

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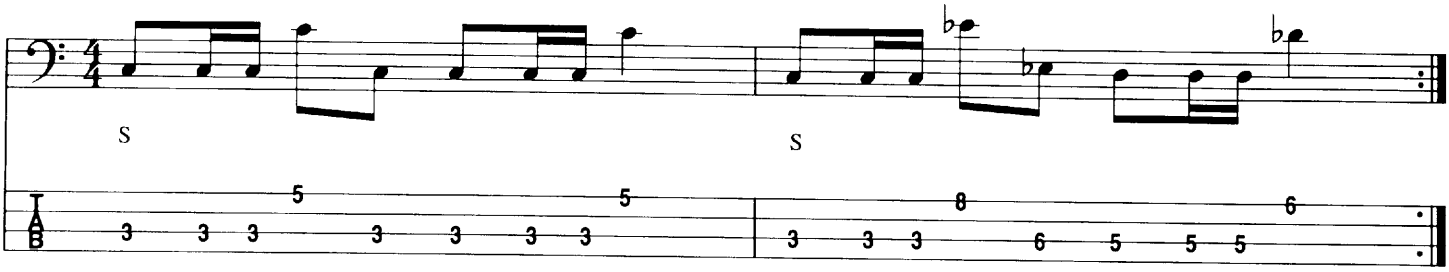

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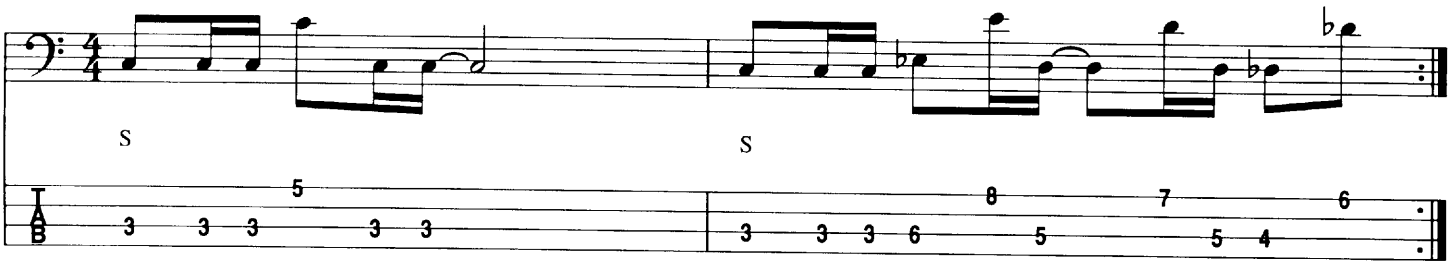
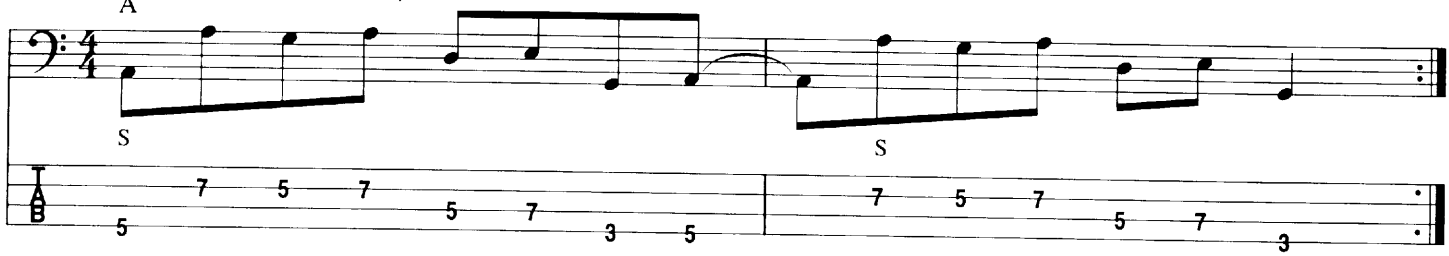
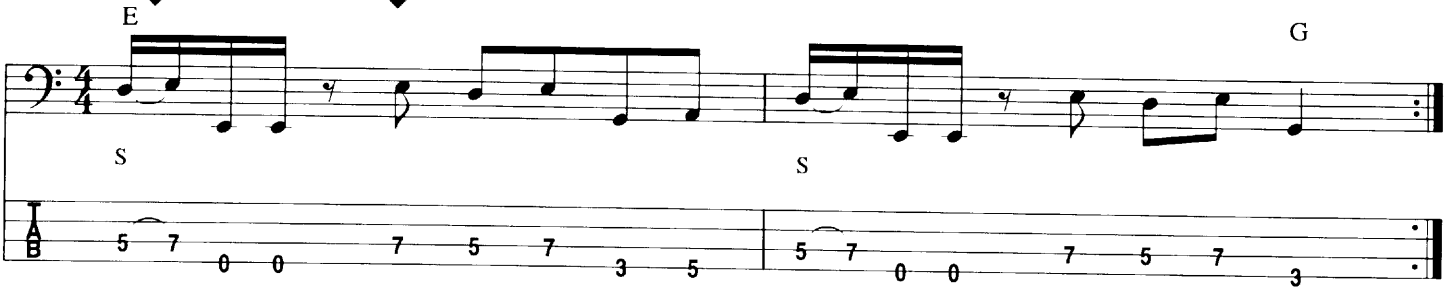


PART TWO *Patterns using the thumb slap technique*

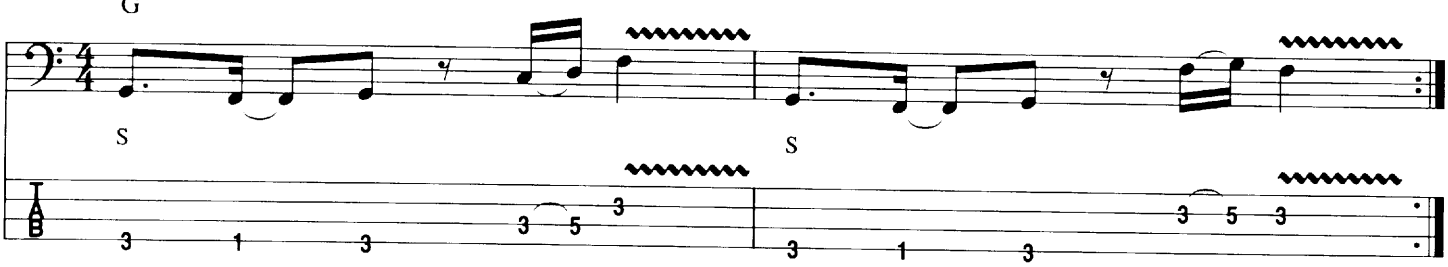
Pattern 1 6 **Drumbeat 1** 84



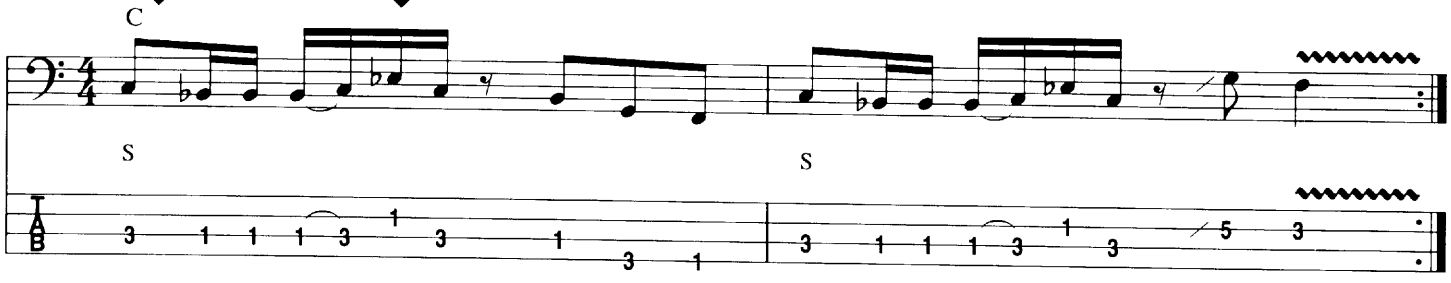
Pattern 2 7 **Drumbeat 1** 84



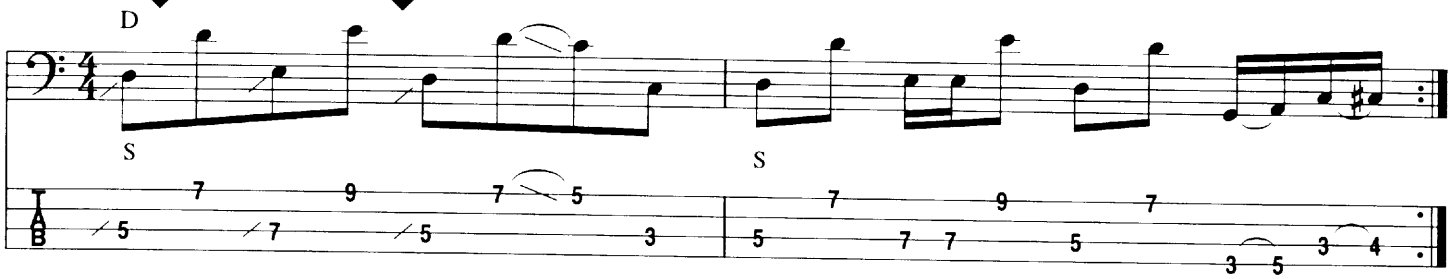
Pattern 3 8 **Drumbeat 2** 85



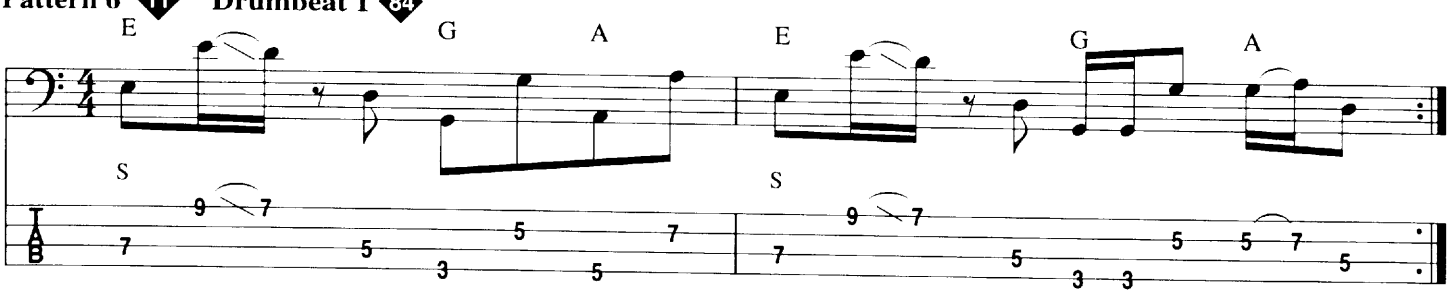
Pattern 4 9 **Drumbeat 1** 84



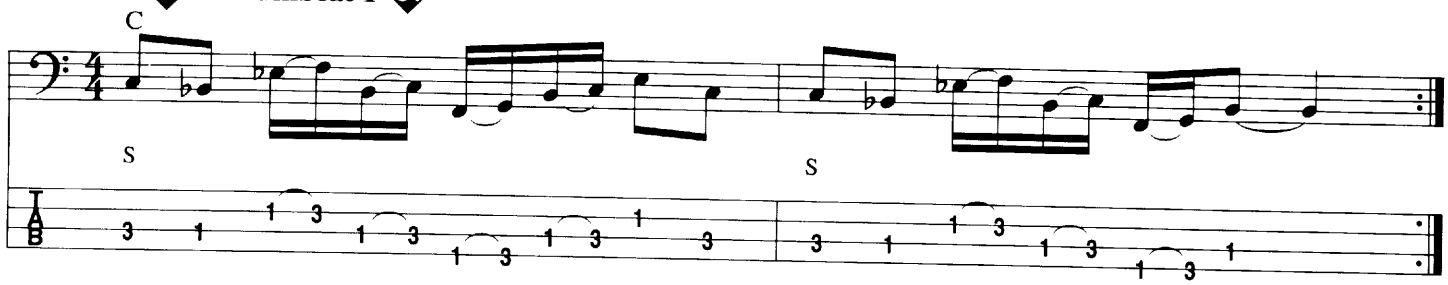
Pattern 5 10 **Drumbeat 1** 84



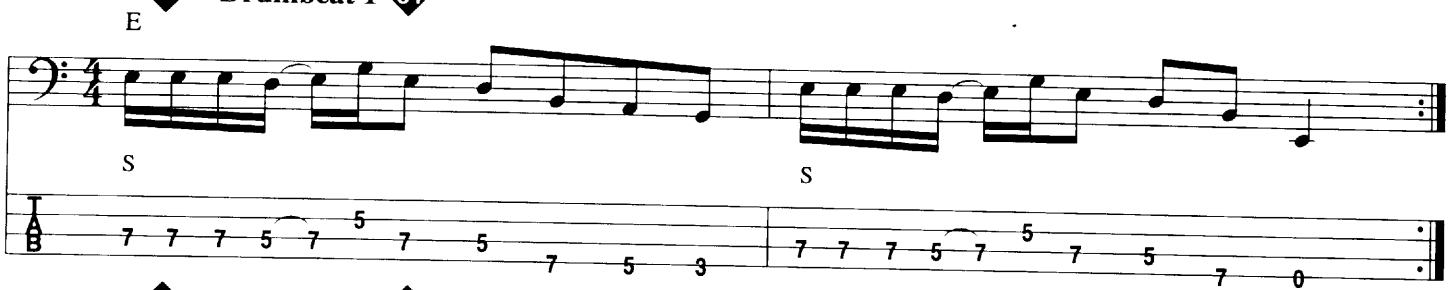
Pattern 6 11 **Drumbeat 1** 84



Pattern 7 12 **Drumbeat 1** 84

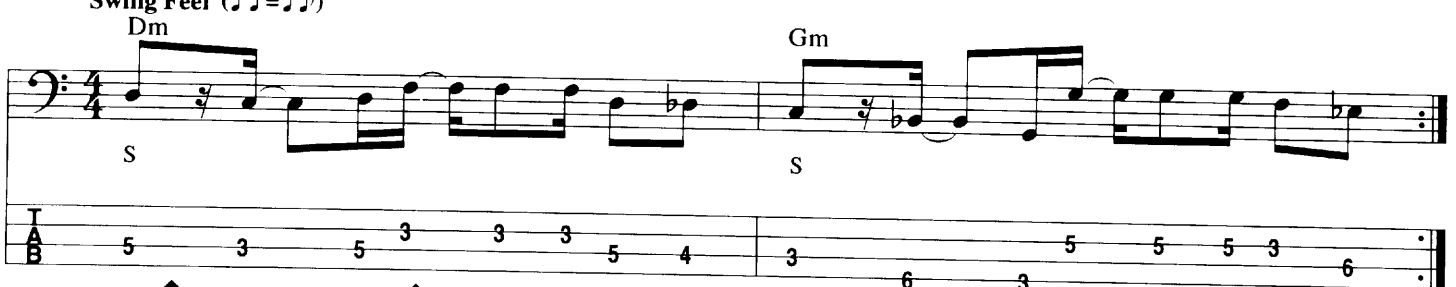


Pattern 8 13 **Drumbeat 1** 84



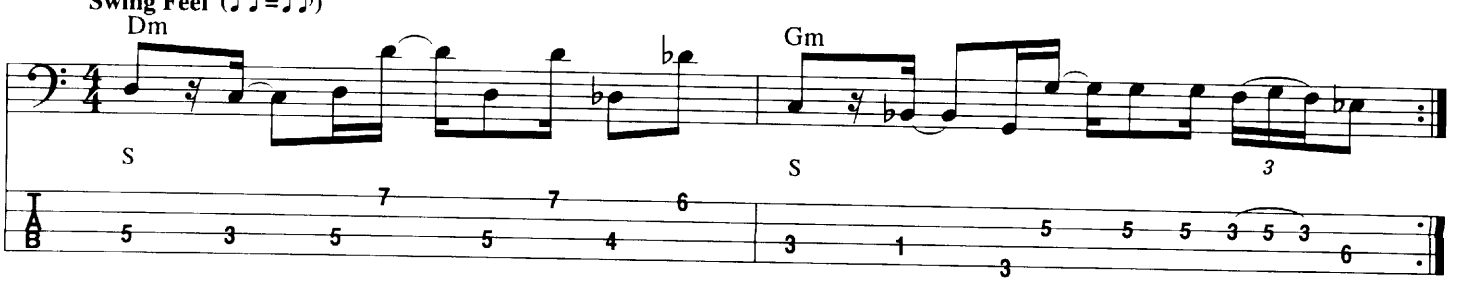
Pattern 9 14 **Drumbeat 4** 87

Swing Feel (♫ = ♩³♪)

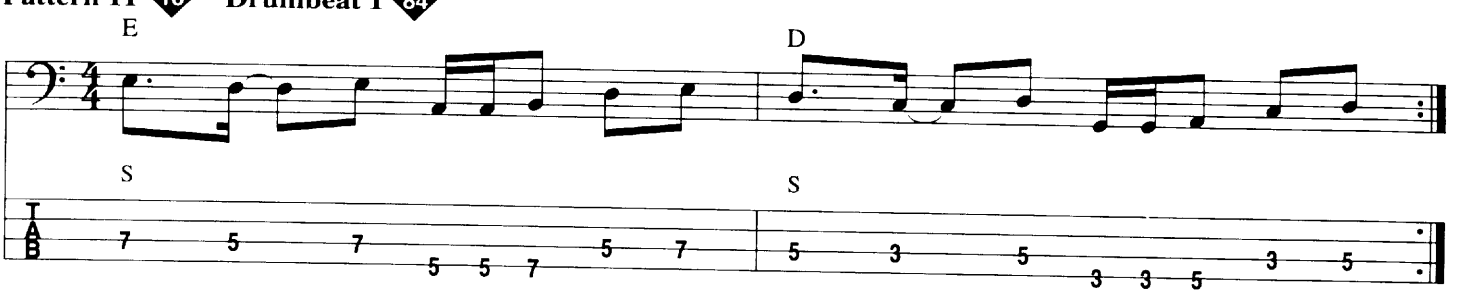


Pattern 10 15 **Drumbeat 4** 87

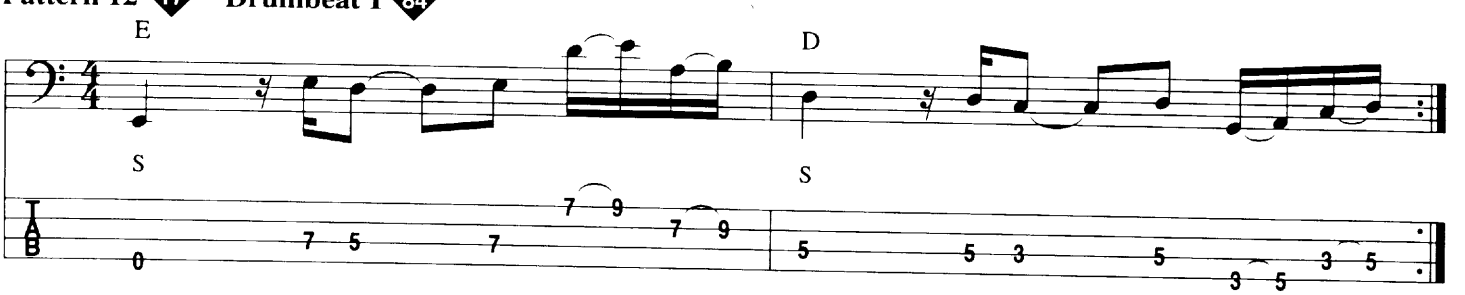
Swing Feel (♫ = ♩³♪)



Pattern 11 16 **Drumbeat 1** 84

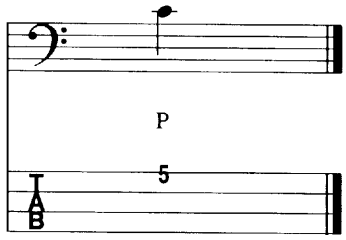


Pattern 12 17 **Drumbeat 1** 84



Section B

Index Finger Pop (P)



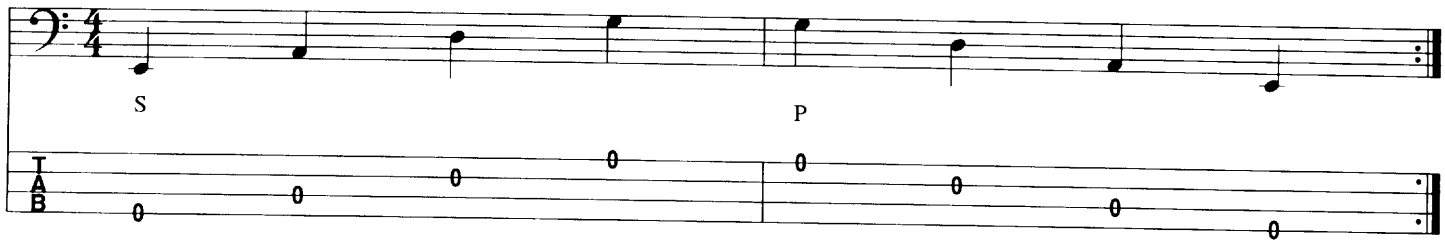
Pop the string with the index finger by pulling it up then releasing it so that it rebounds against the fretboard.

Part 1 *Exercises to develop the index finger pop technique*

Part 2 *Patterns using the index finger pop technique*

PART ONE *Exercises combining the index finger pop and the thumb slap techniques*

Exercise 1



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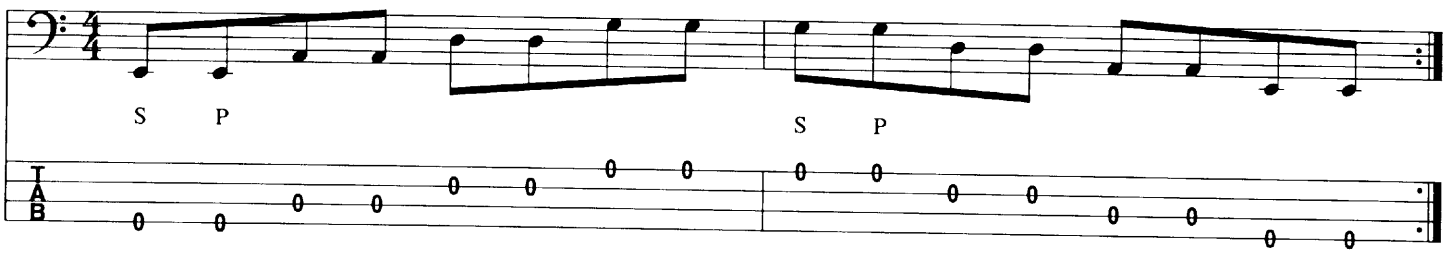
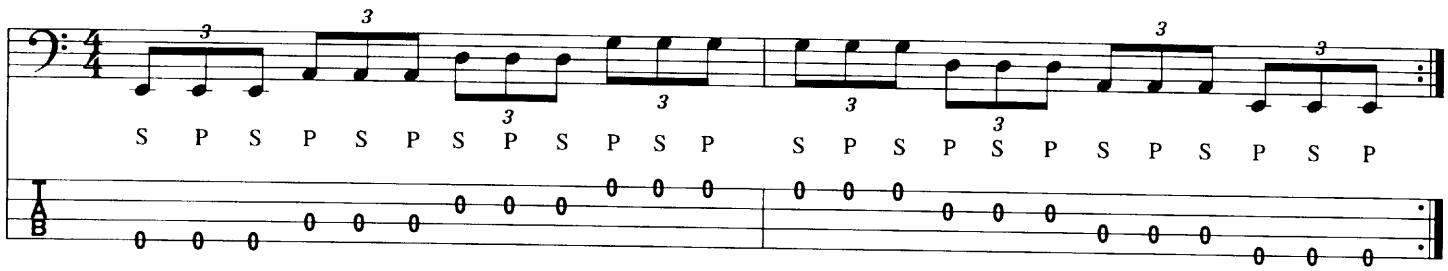
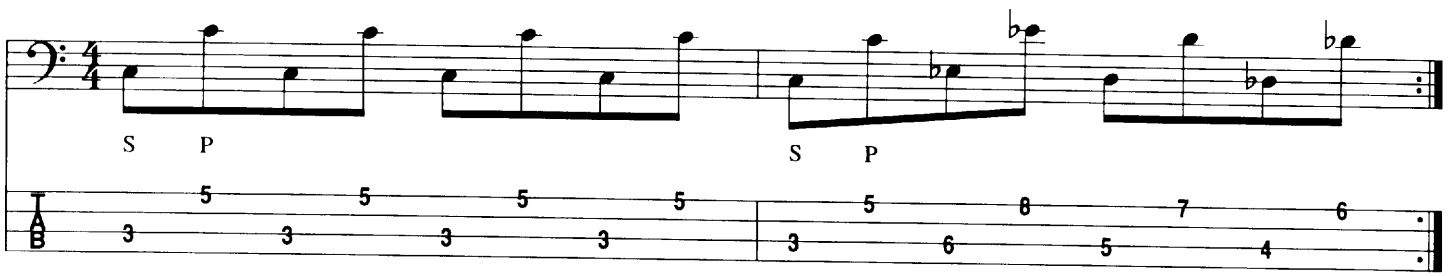


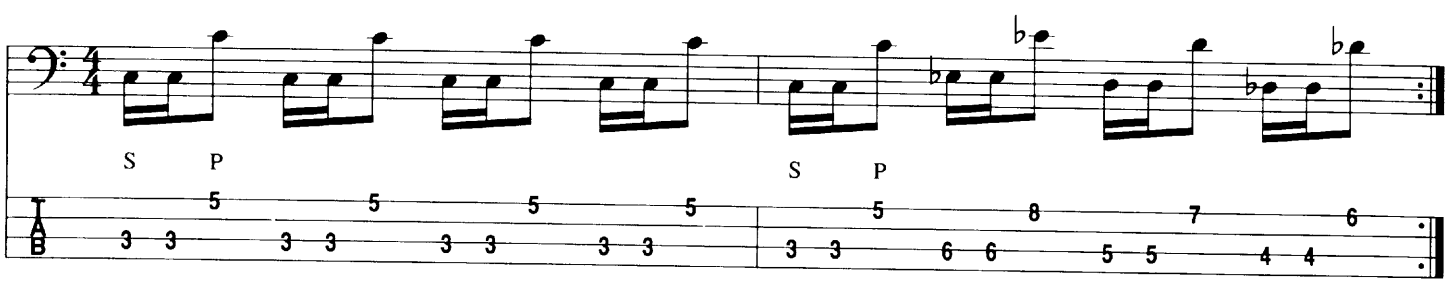
Exercise 3



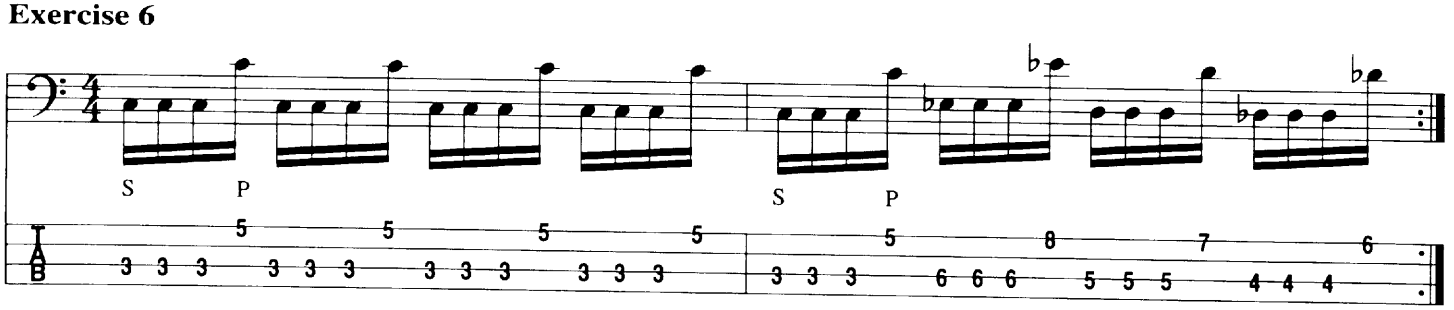
Exercise 4



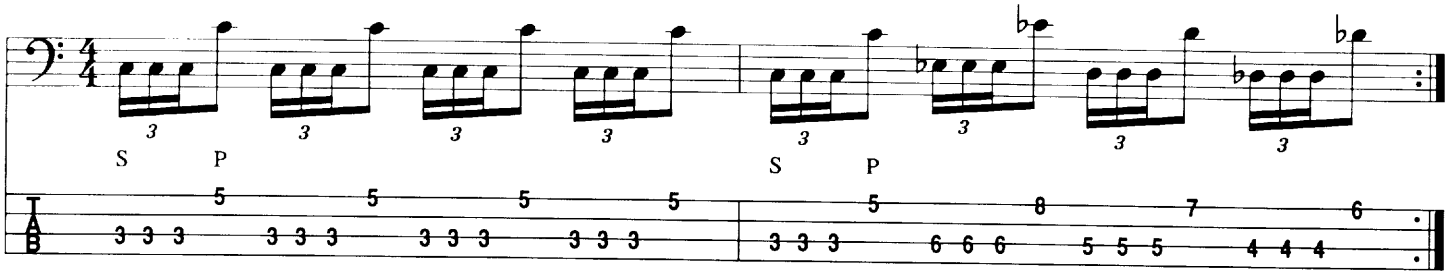
Exercise 5



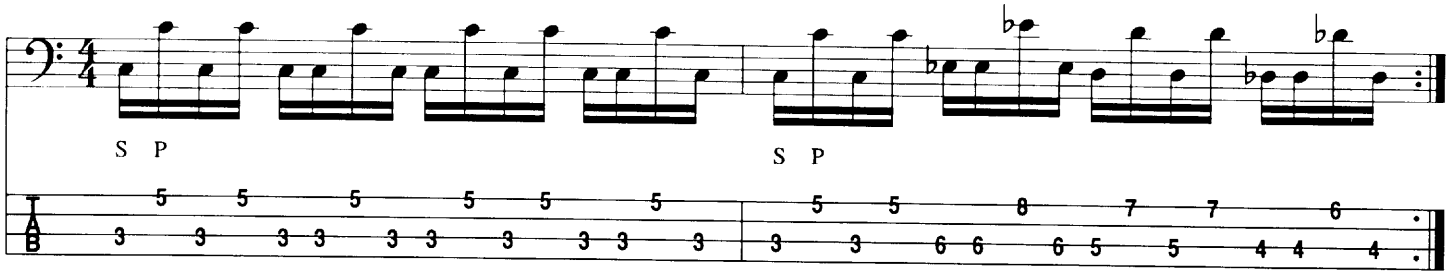
Exercise 6



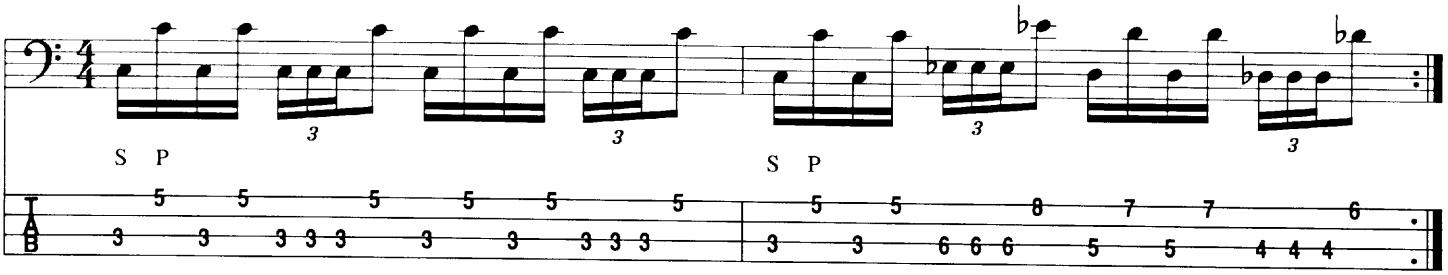
Exercise 7



Exercise 8

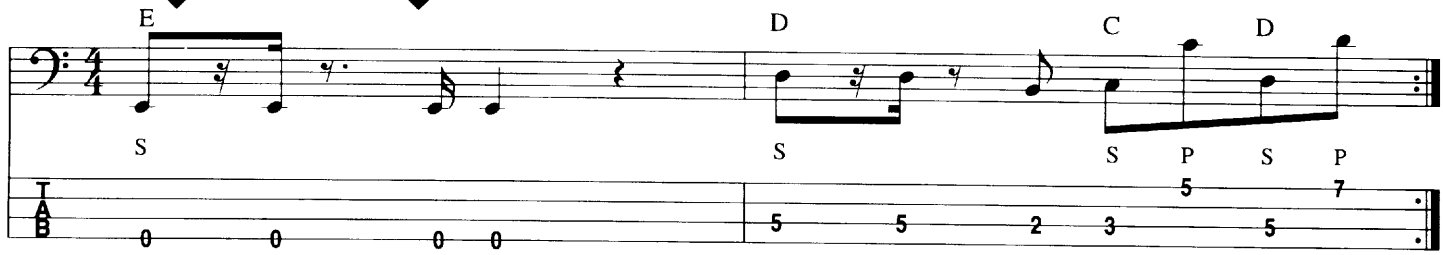


Exercise 9

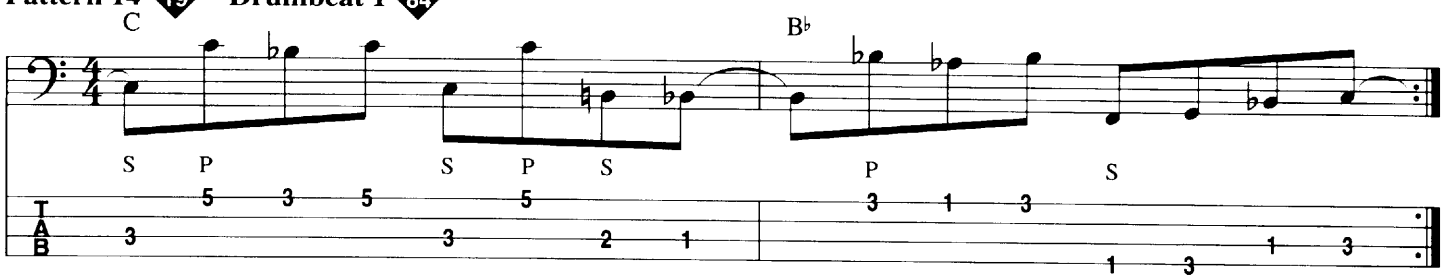


PART TWO *Patterns combining the index finger pop and the thumb slap techniques*

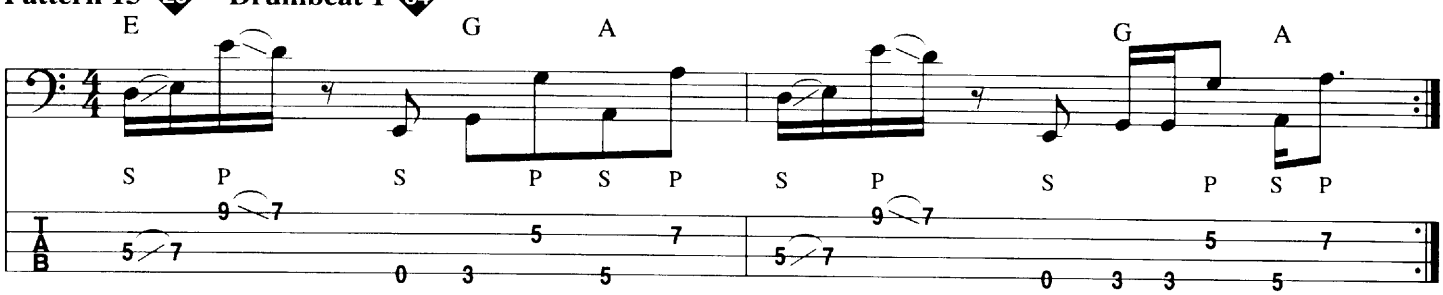
Pattern 13 18 **Drumbeat 1** 84



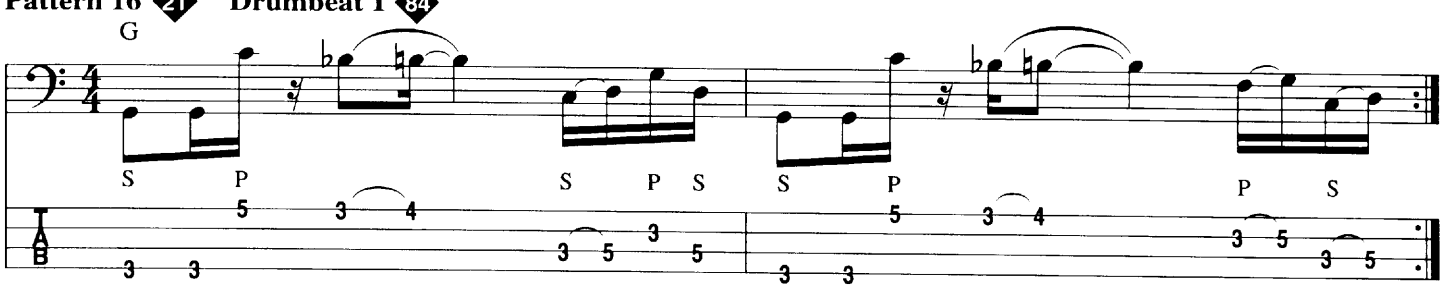
Pattern 14 19 **Drumbeat 1** 84



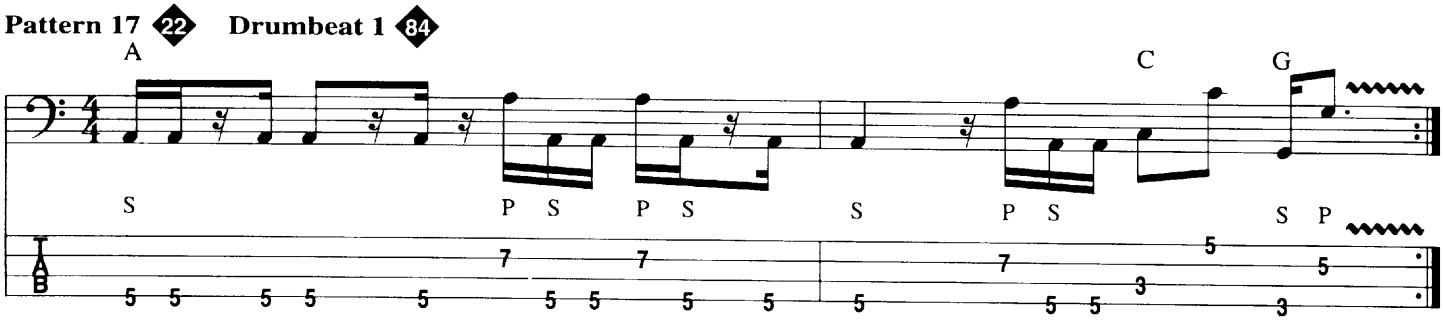
Pattern 15 20 **Drumbeat 1** 84



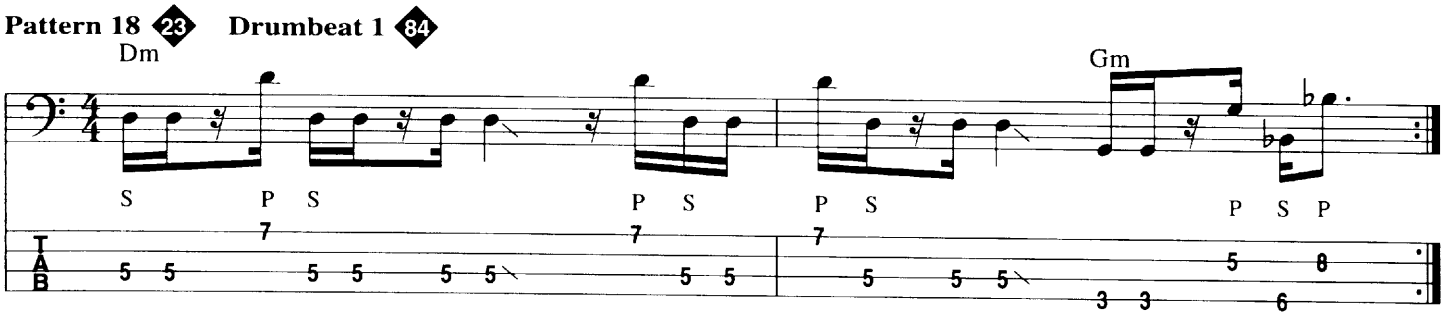
Pattern 16 21 **Drumbeat 1** 84



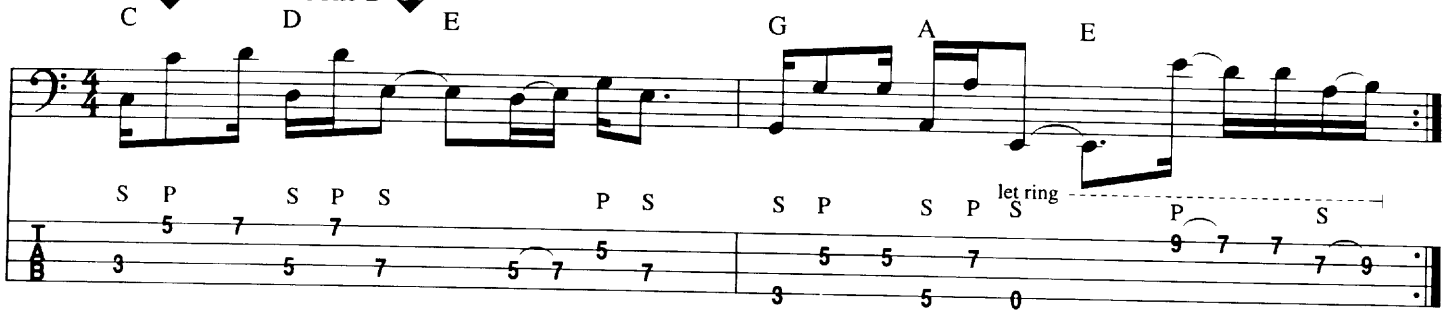
Pattern 17 22 **Drumbeat 1** 84



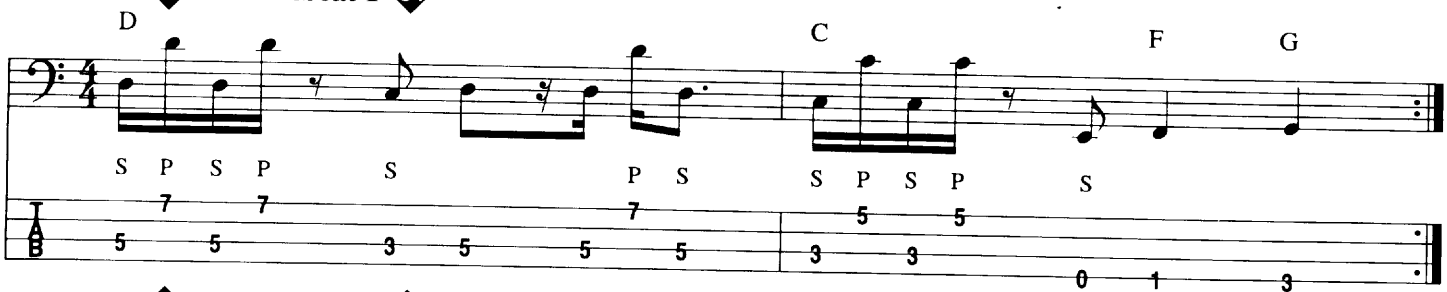
Pattern 18 23 **Drumbeat 1** 84



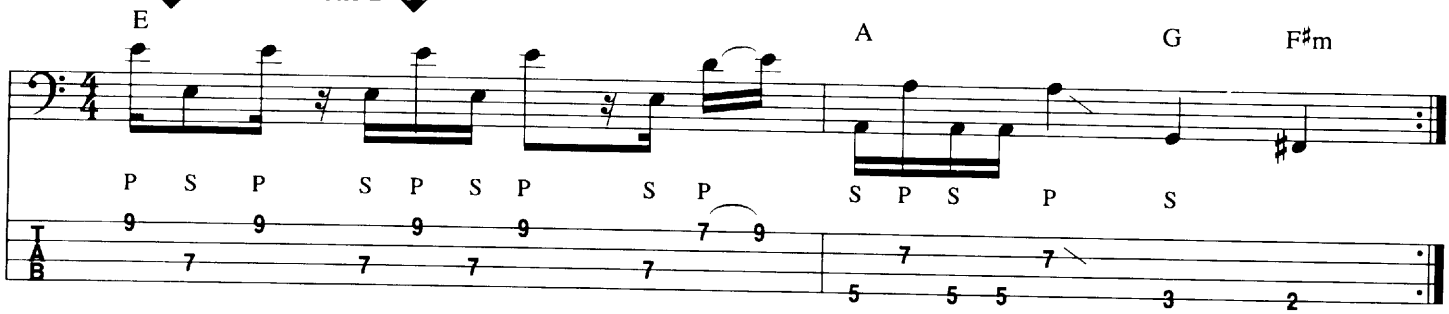
Pattern 19 24 **Drumbeat 1** 84



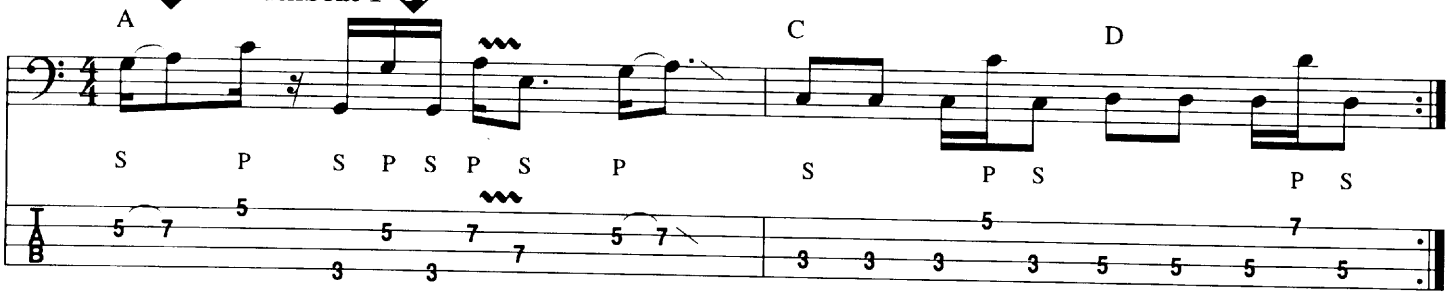
Pattern 20 25 **Drumbeat 1** 84



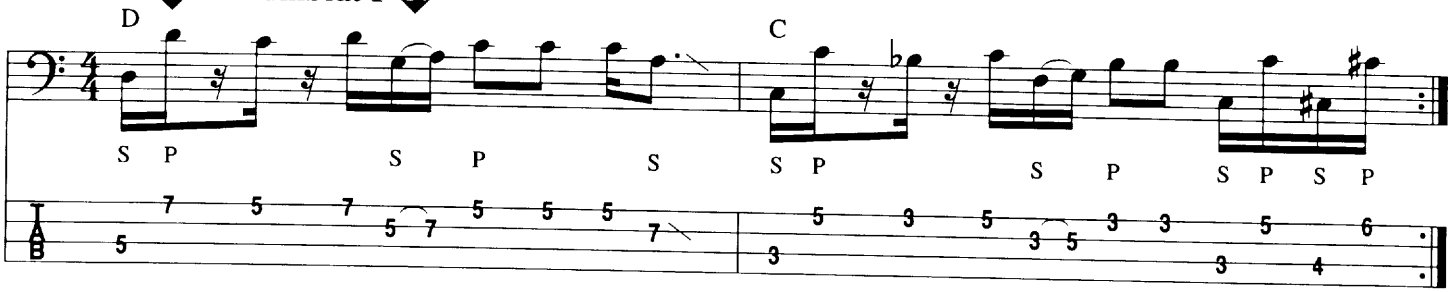
Pattern 21 26 **Drumbeat 1** 84



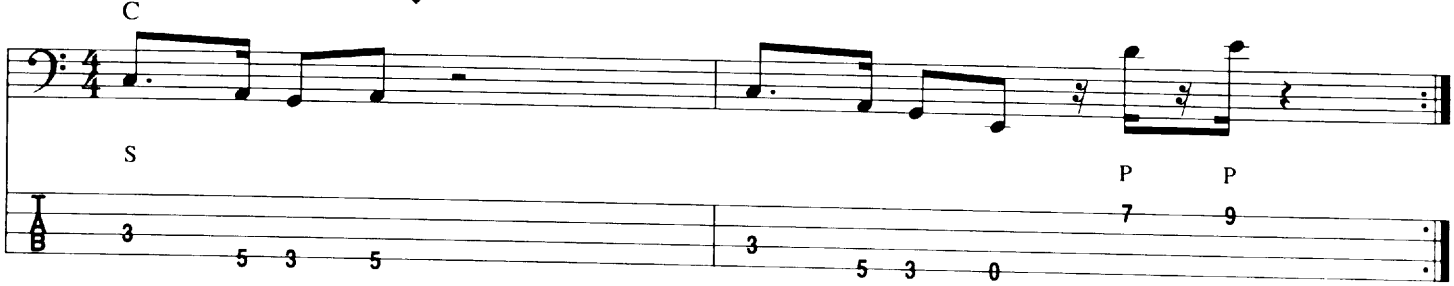
Pattern 22 27 **Drumbeat 1** 84



Pattern 23 28 **Drumbeat 1** 84

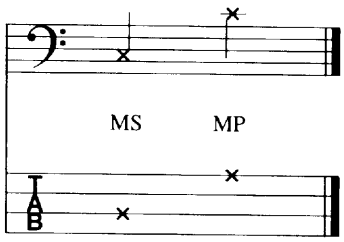


Pattern 24 29 **Drumbeat 1** 84



Section C

Muted Slap (MS) and Muted Pop (MP)



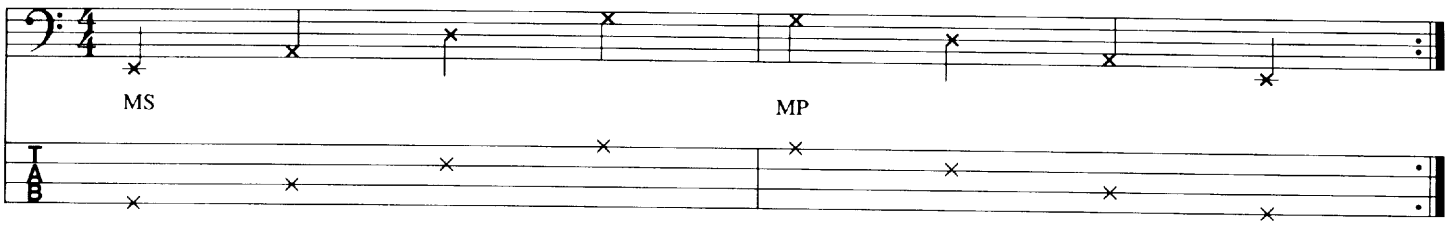
Lay the left hand across the strings without depressing them to the fretboard while slapping or popping.

Part 1 *Exercises to develop the muted slap and muted pop techniques*

Part 2 *Patterns using the muted slap and muted pop techniques*

PART ONE *Exercises combining the muted slap and muted pop, with the index finger pop and the thumb slap techniques*

Exercise 1



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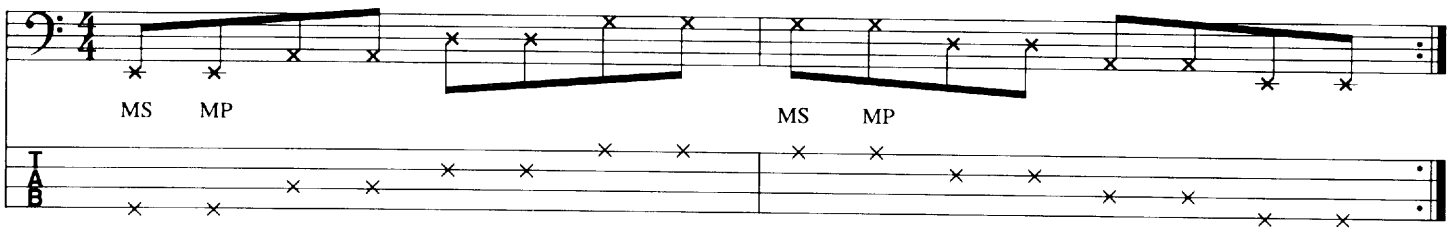

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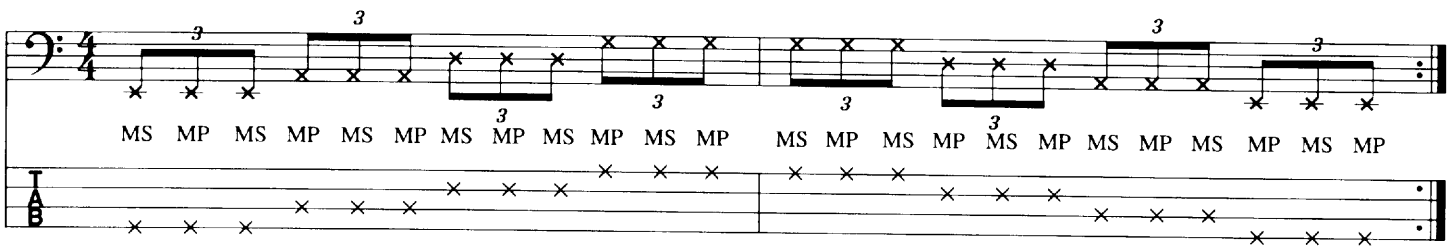

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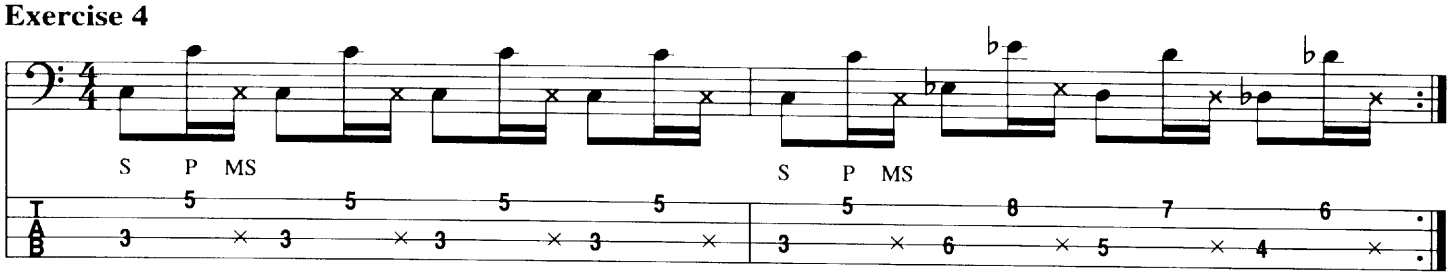
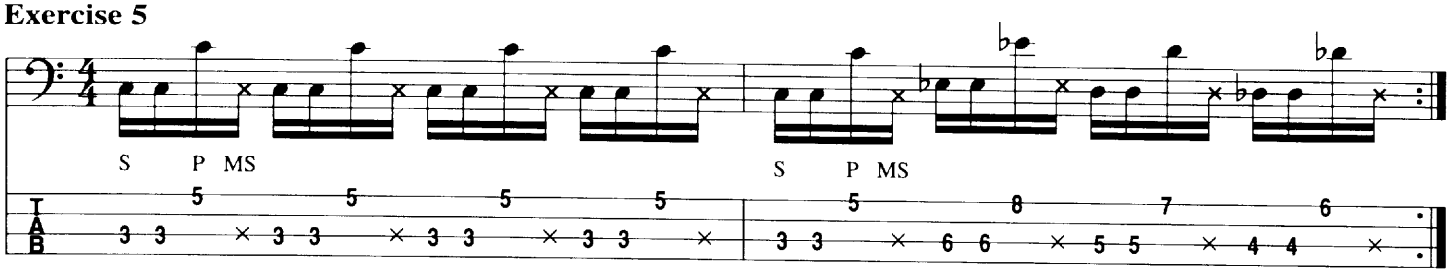
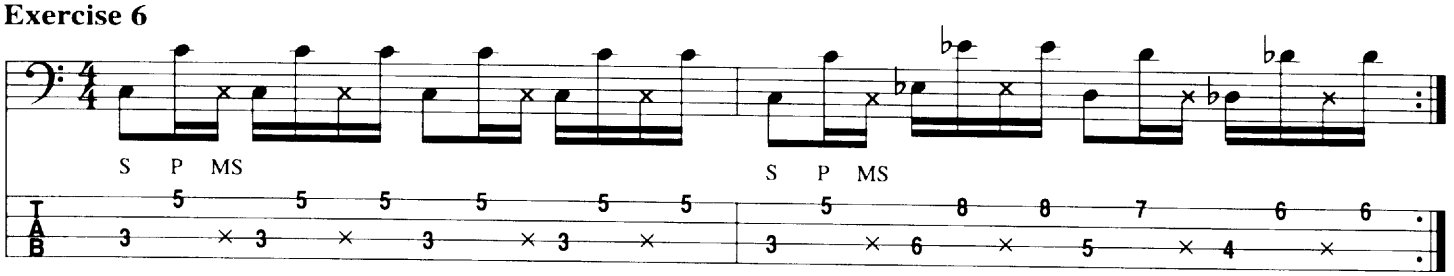


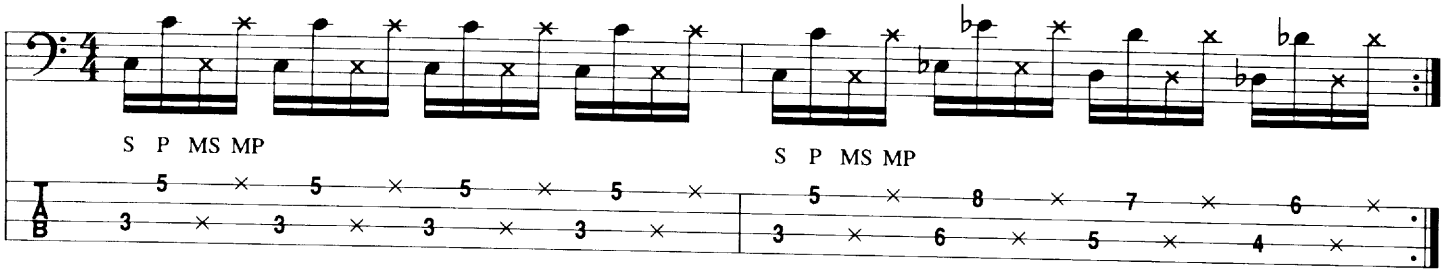
Exercise 5



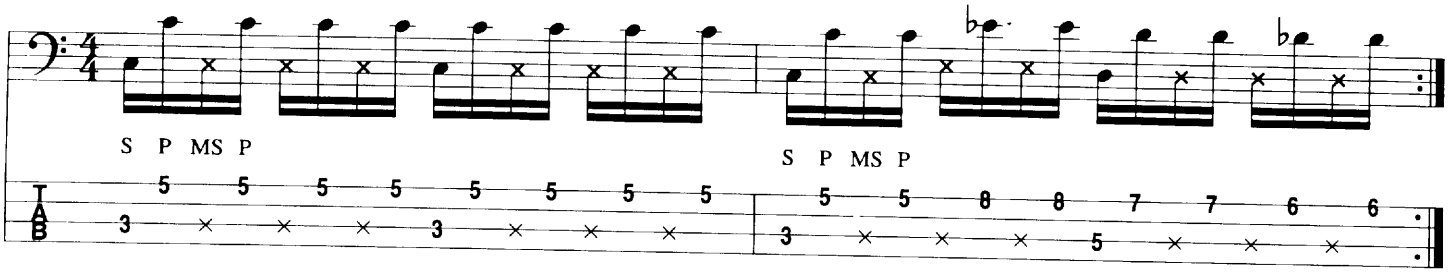
Exercise 6



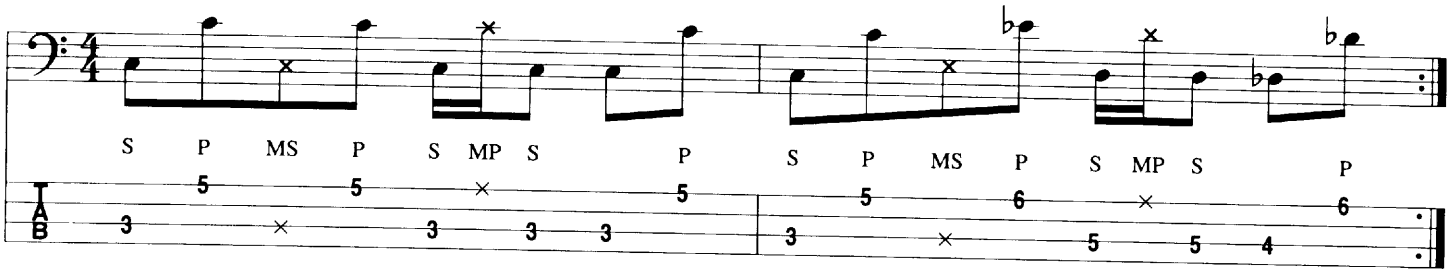
Exercise 7



Exercise 8

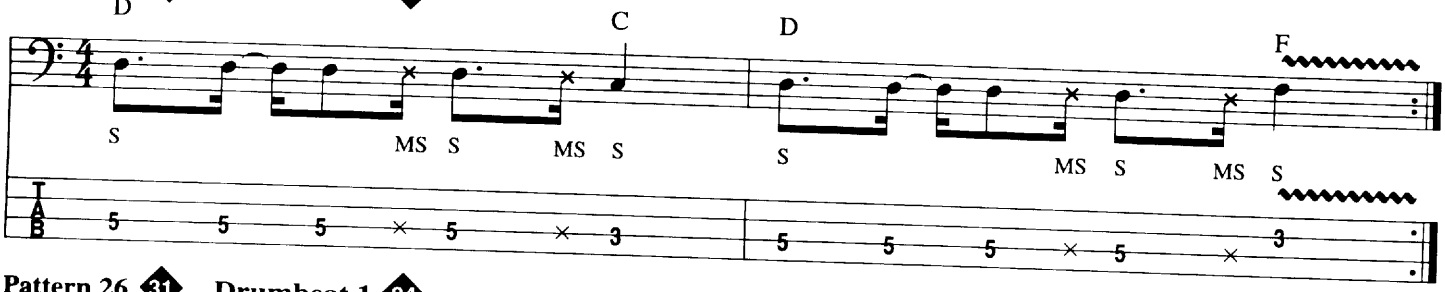


Exercise 9

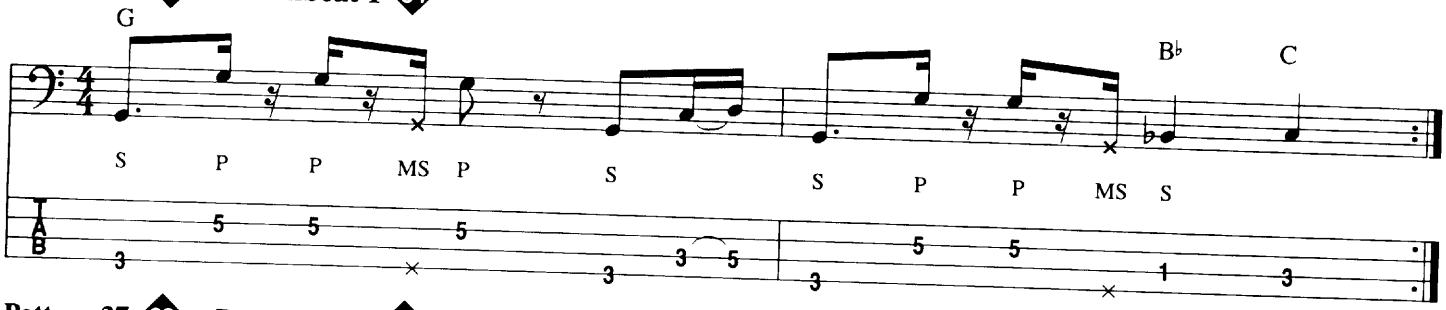


PART TWO *Patterns combining the muted slap and muted pop, with the index finger pop and the thumb slap techniques*

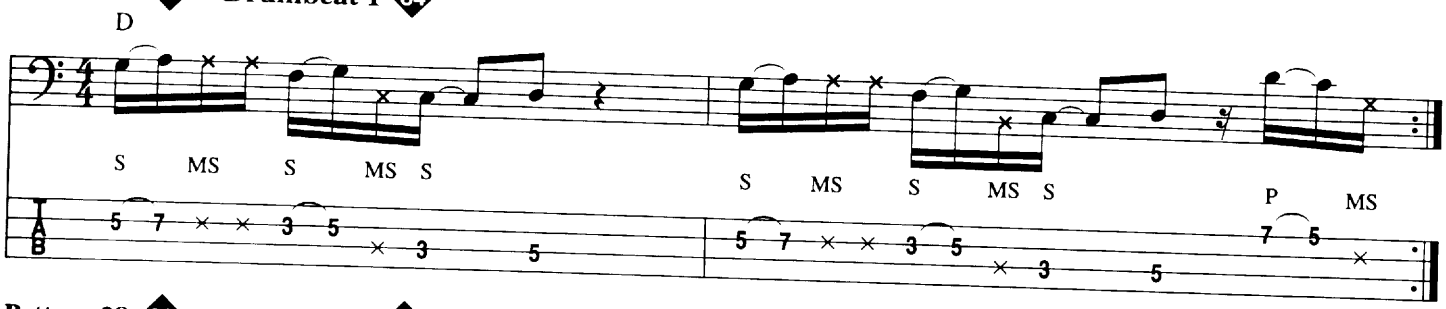
Pattern 25 30 **Drumbeat 2** 85



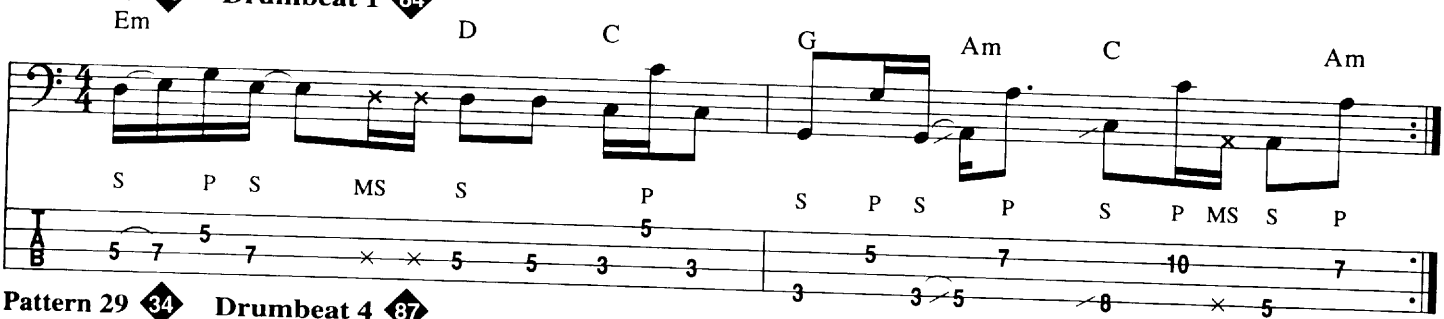
Pattern 26 31 **Drumbeat 1** 84



Pattern 27 32 **Drumbeat 1** 84

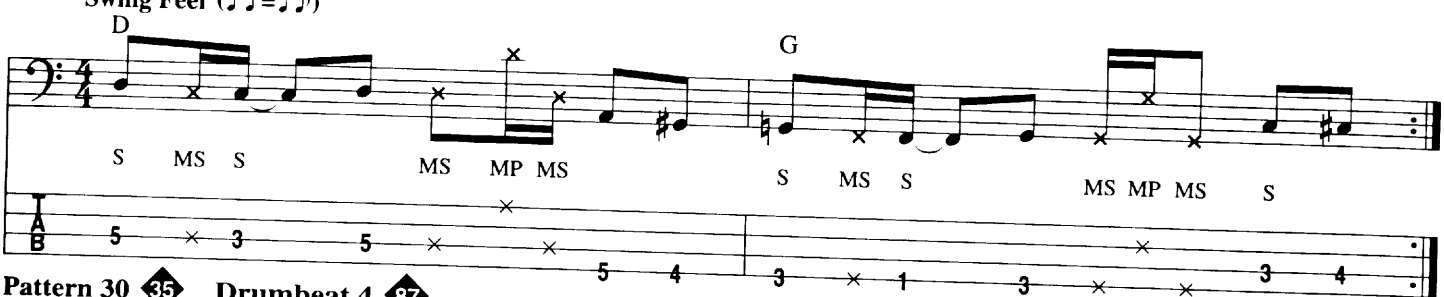


Pattern 28 33 **Drumbeat 1** 84



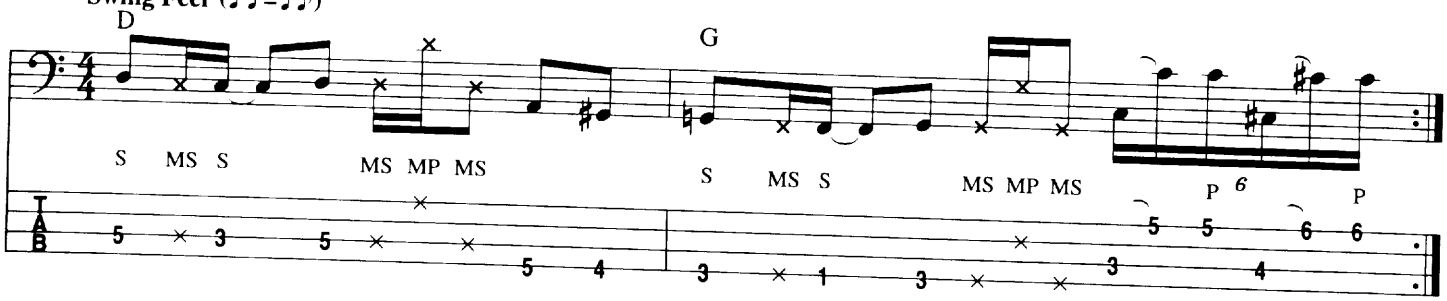
Pattern 29 34 **Drumbeat 4** 87

Swing Feel (♫ = ♩³♪)

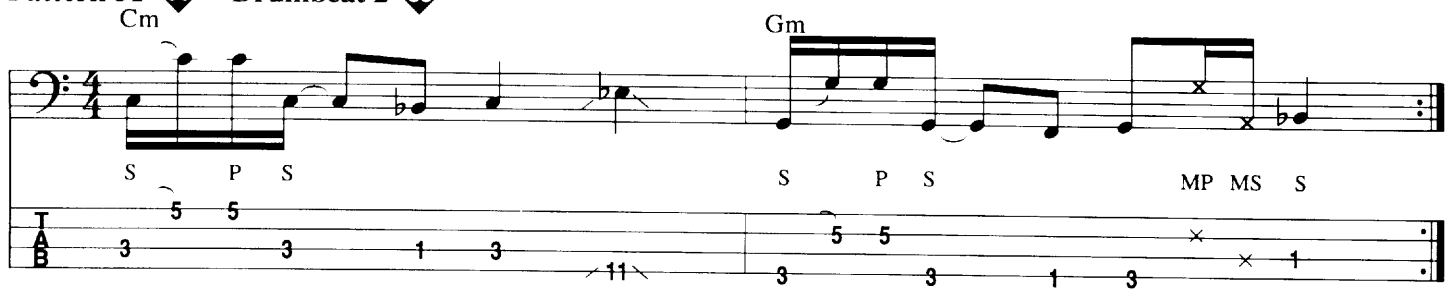


Pattern 30 35 **Drumbeat 4** 87

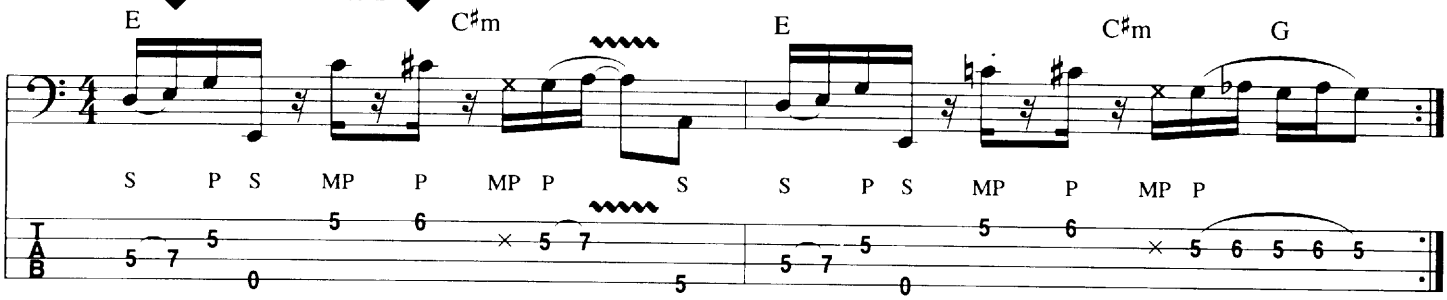
Swing Feel (♫ = ♩³♪)



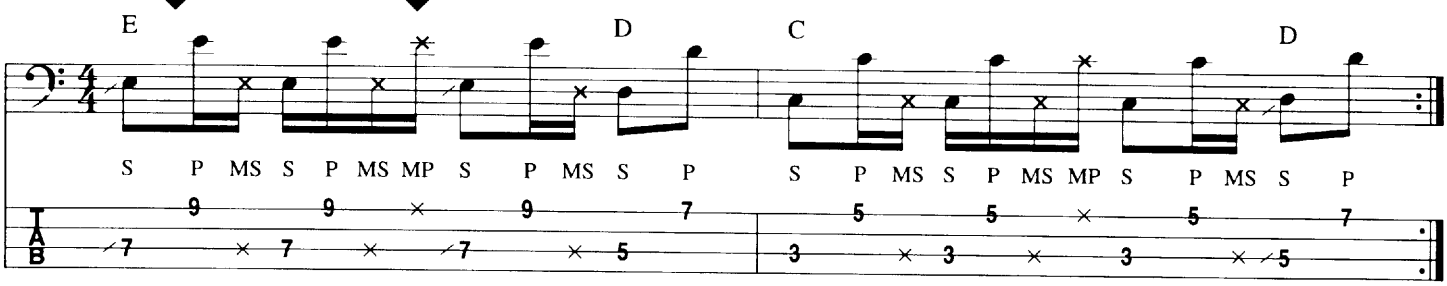
Pattern 31 36 **Drumbeat 2** 85



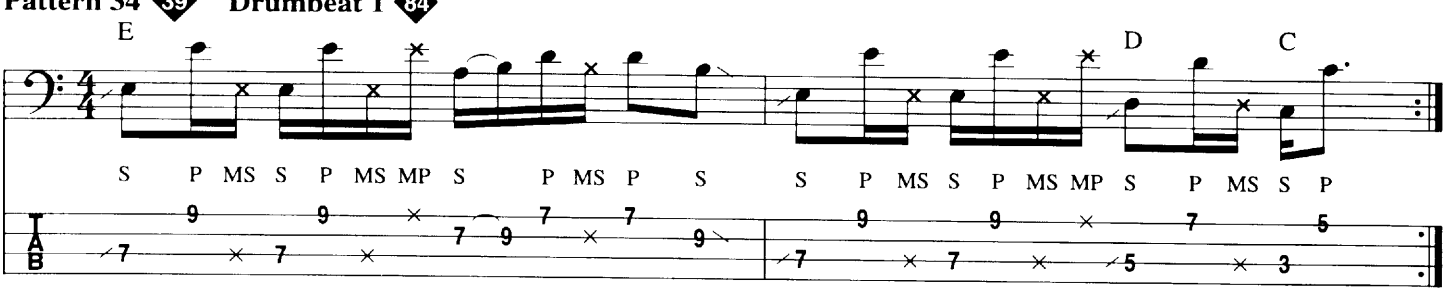
Pattern 32 37 **Drumbeat 1** 84



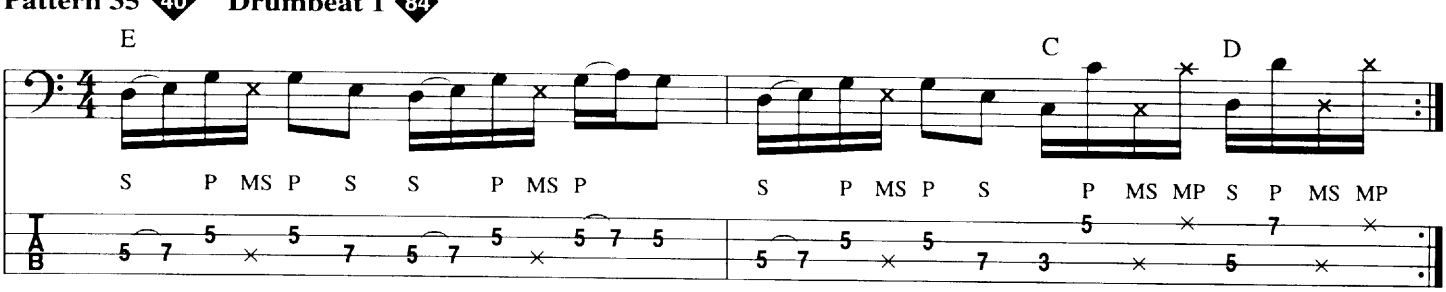
Pattern 33 38 **Drumbeat 1** 84



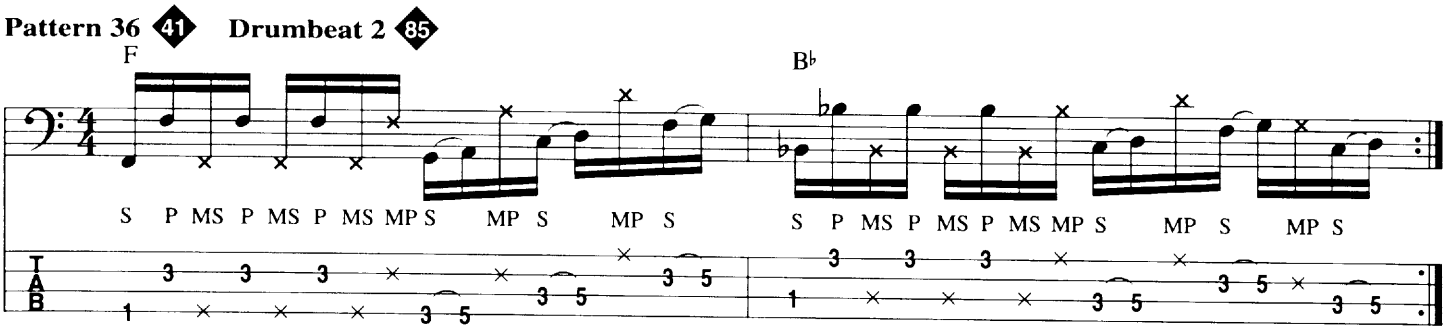
Pattern 34 39 **Drumbeat 1** 84



Pattern 35 40 **Drumbeat 1** 84

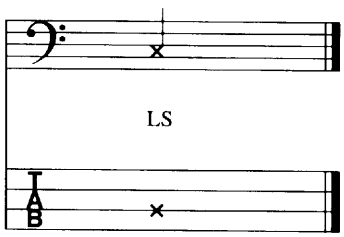


Pattern 36 41 **Drumbeat 2** 85

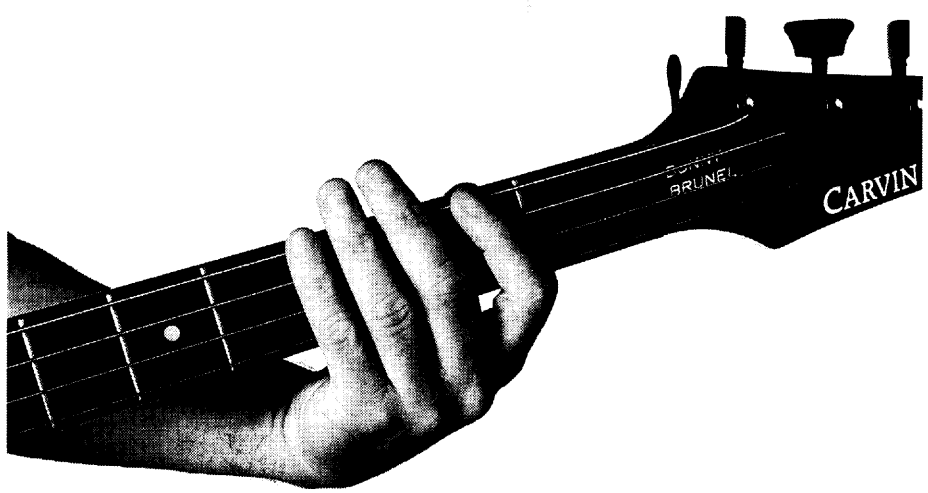


Section D

Left Hand Slap (LS)



Slap the string with the left hand.



Part 1 *Exercises to develop the left hand slap technique*

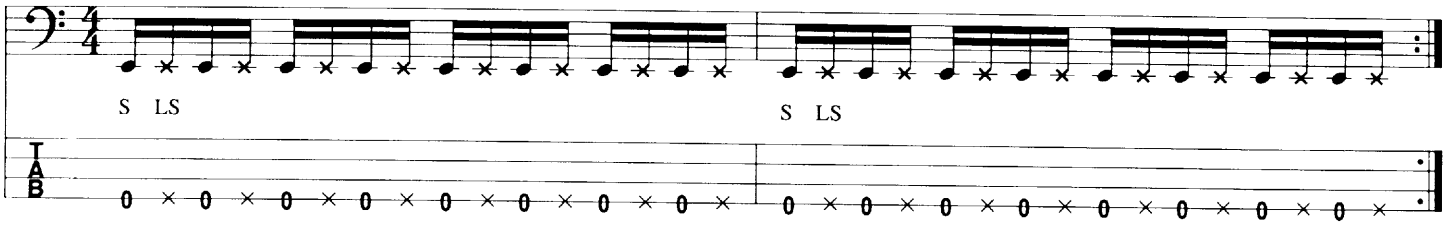
Part 2 *Patterns using the left hand slap technique*

Part 3 *Exercises to develop the left hand slap technique*

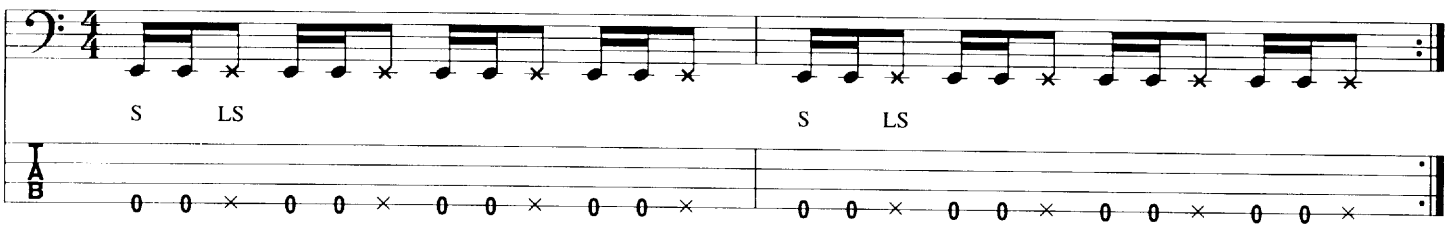
Part 4 *Patterns using the left hand slap technique*

PART ONE *Exercises combining the left hand slap and the thumb slap techniques*

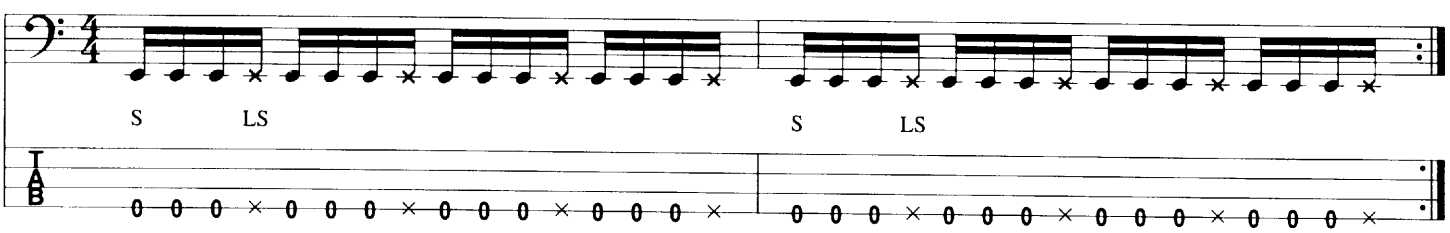
Exercise 1



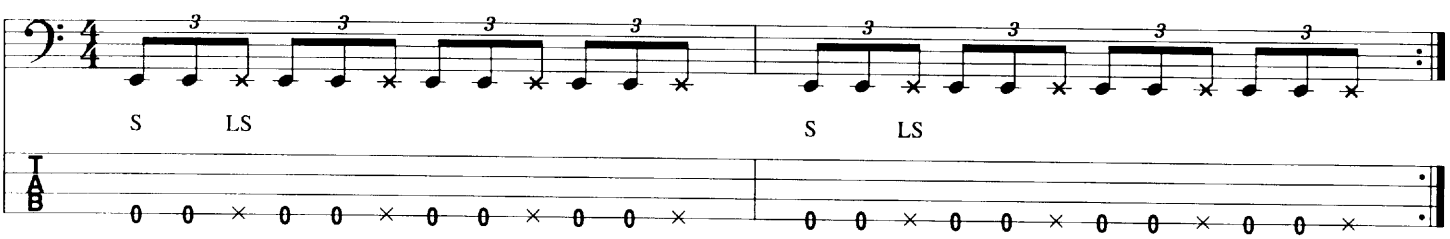
Exercise 2



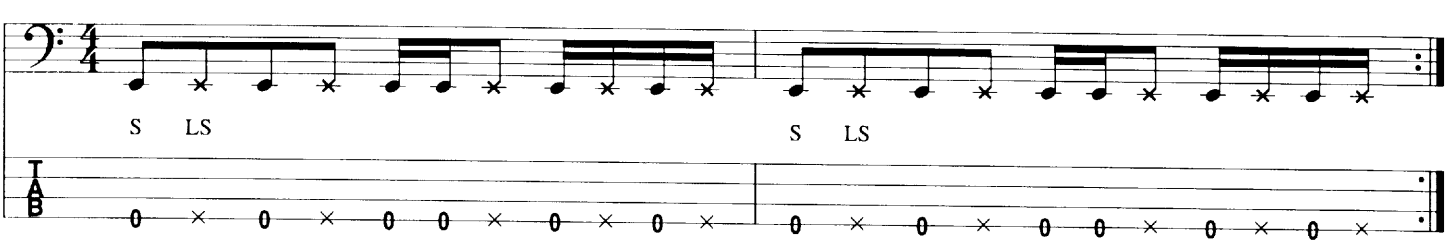
Exercise 3



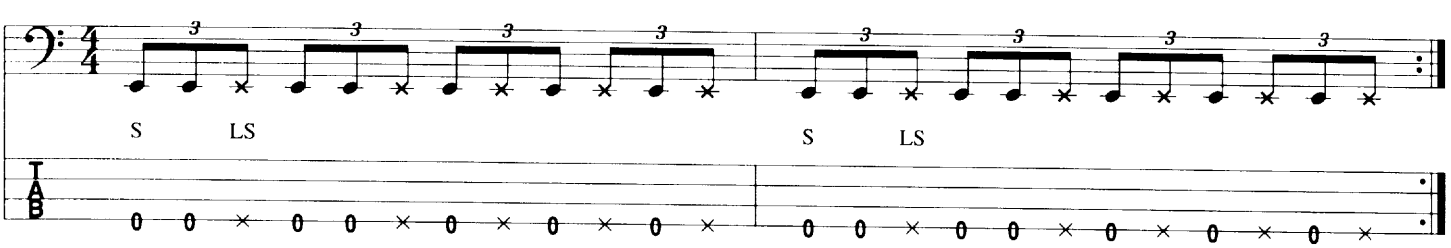
Exercise 4



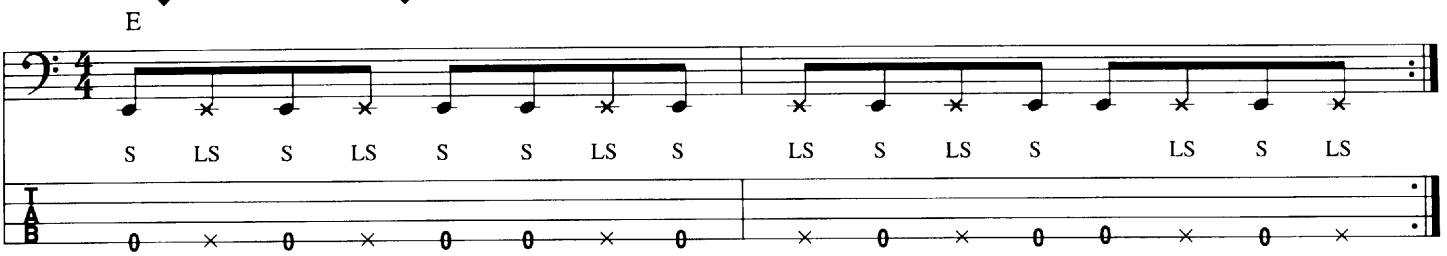
Exercise 5



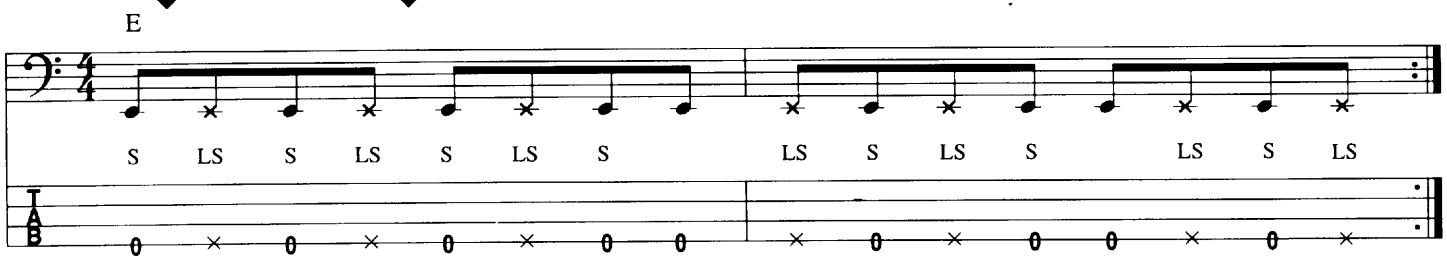
Exercise 6



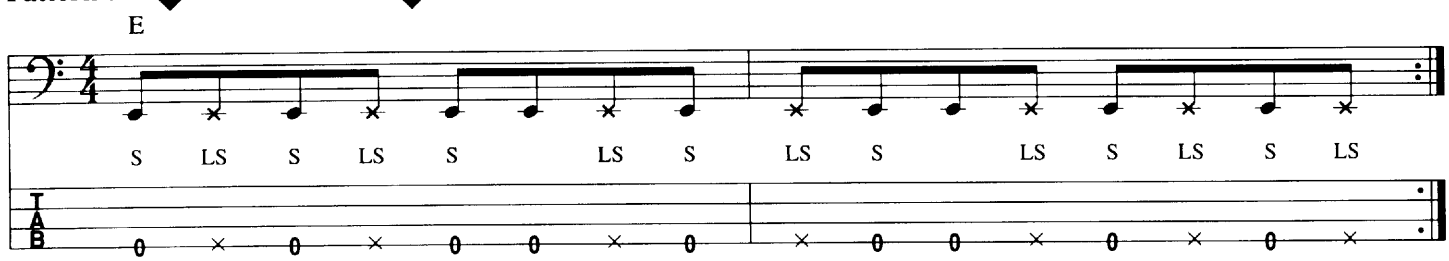
Pattern 37 42 **Drumbeat 1** 84



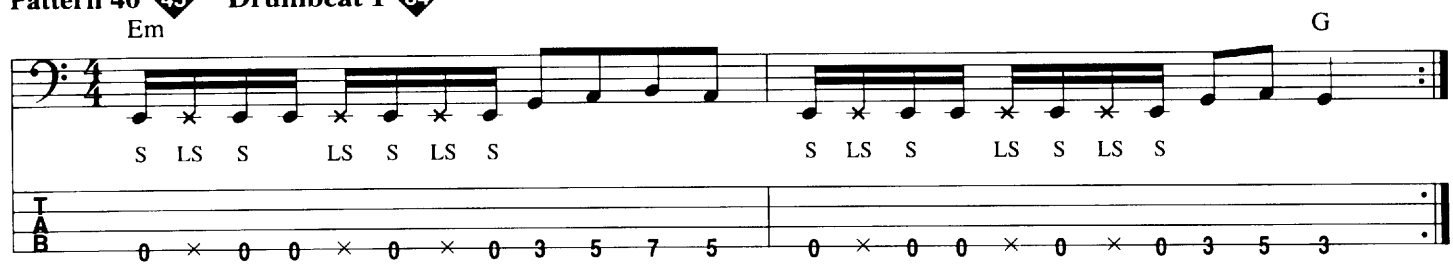
Pattern 38 43 **Drumbeat 1** 84



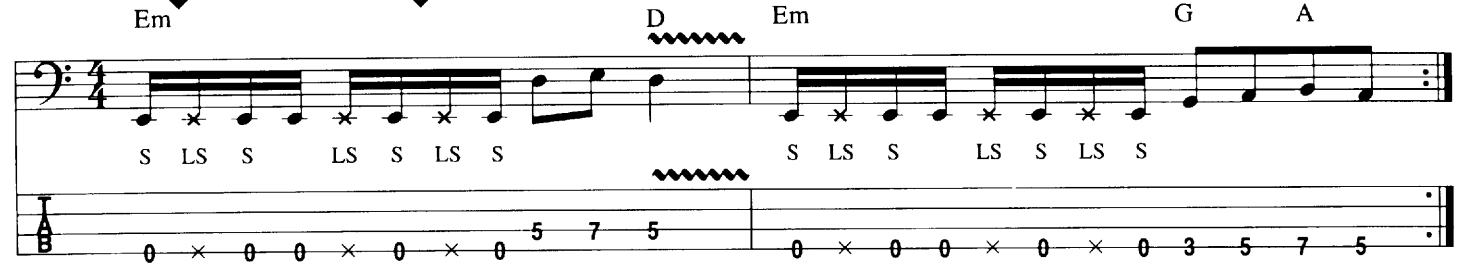
Pattern 39 44 **Drumbeat 1** 84



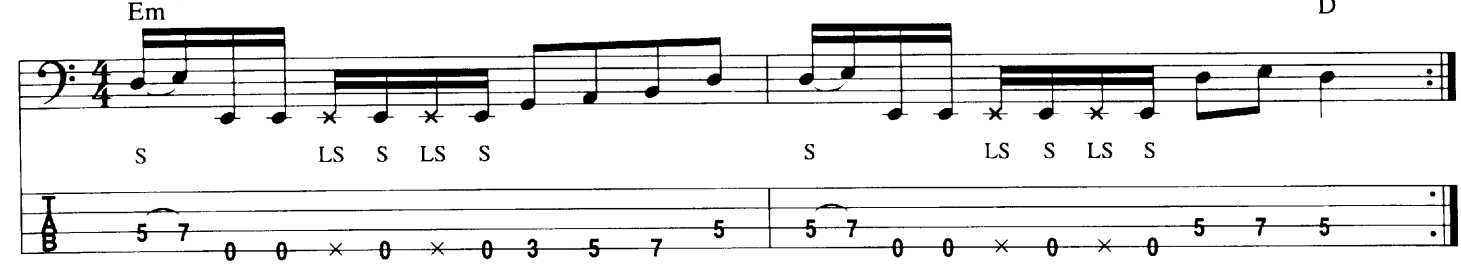
Pattern 40 45 **Drumbeat 1** 84



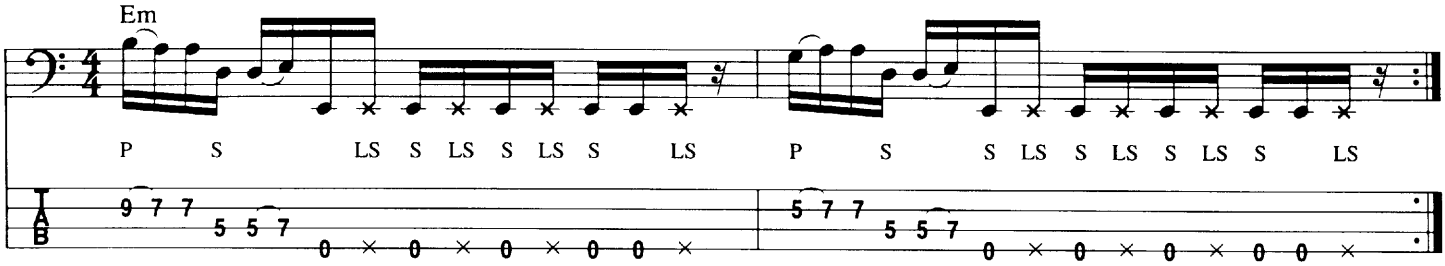
Pattern 41 46 **Drumbeat 1** 84



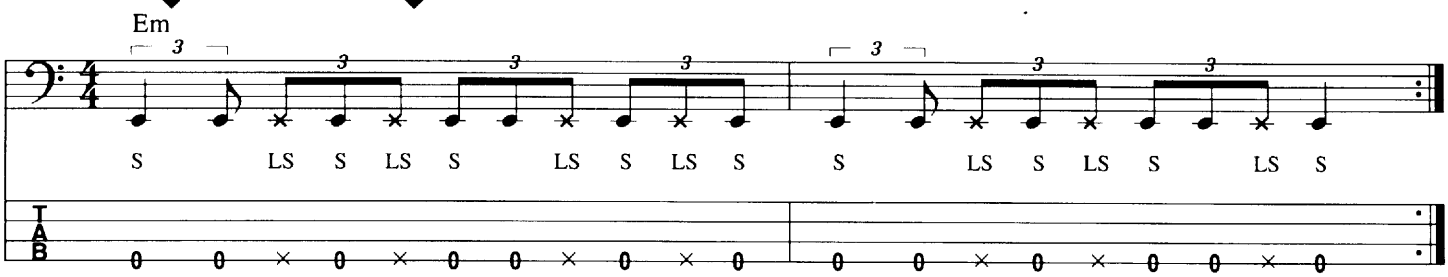
Pattern 42 47 **Drumbeat 1** 84



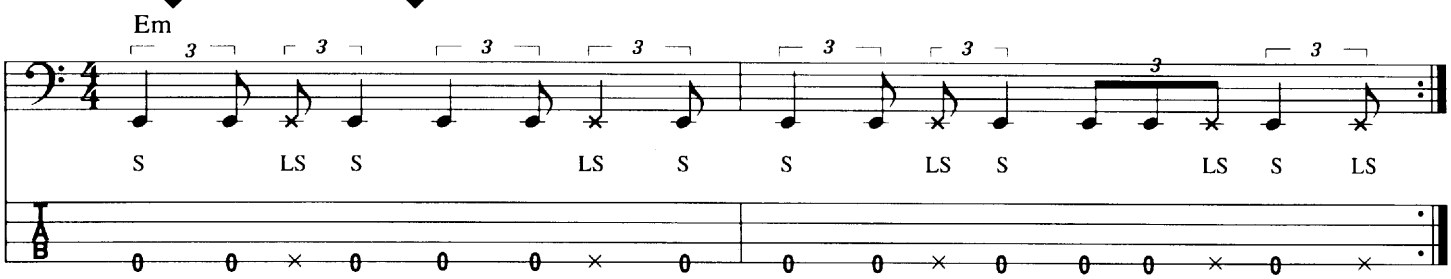
Pattern 43 48 **Drumbeat 1** 84



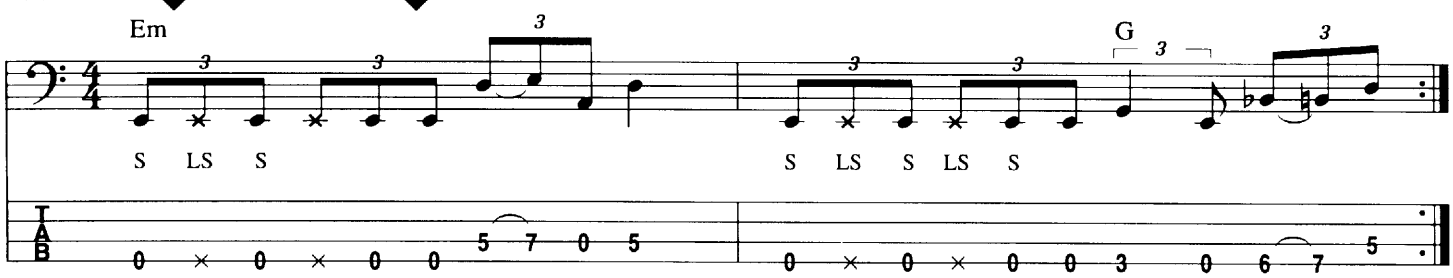
Pattern 44 49 **Drumbeat 3** 86



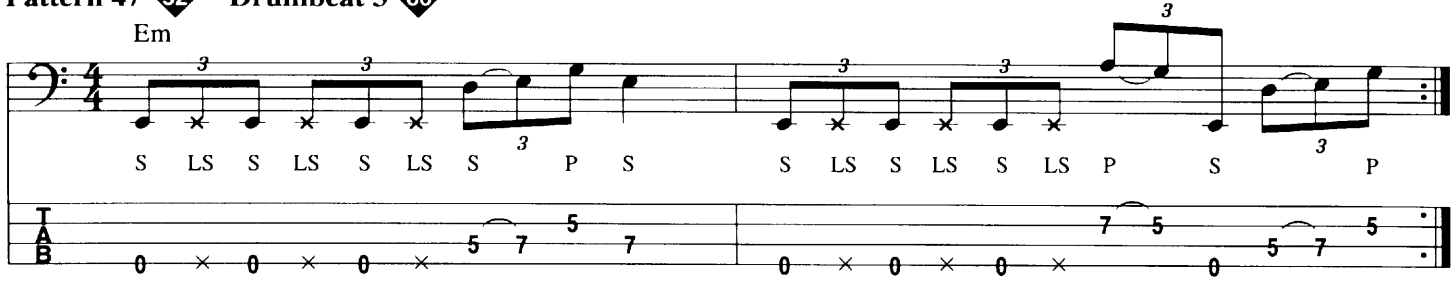
Pattern 45 50 **Drumbeat 3** 86



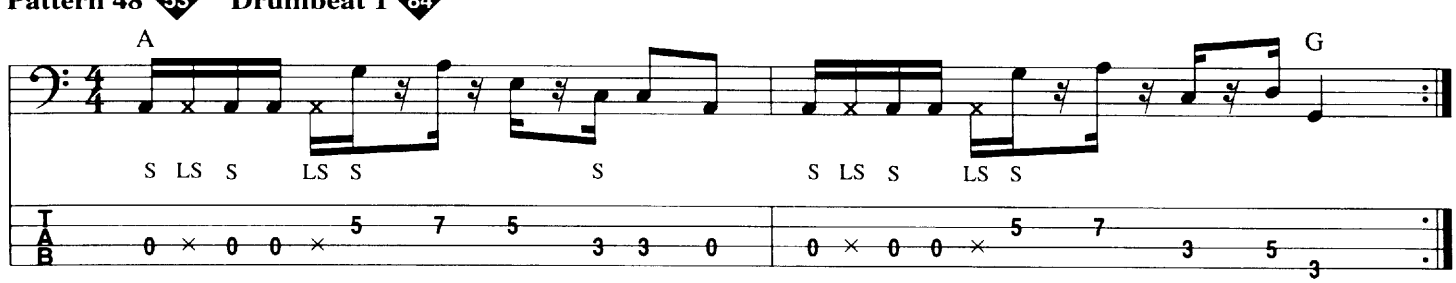
Pattern 46 51 **Drumbeat 3** 86



Pattern 47 52 **Drumbeat 3** 86

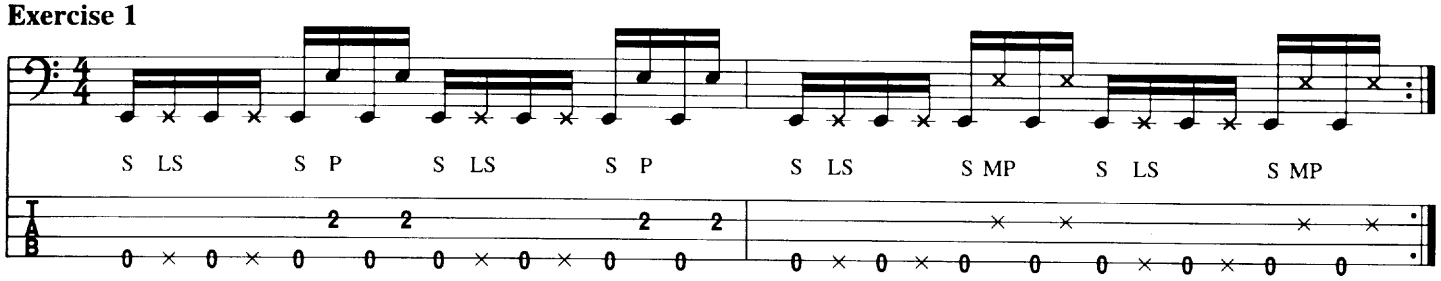


Pattern 48 53 **Drumbeat 1** 84

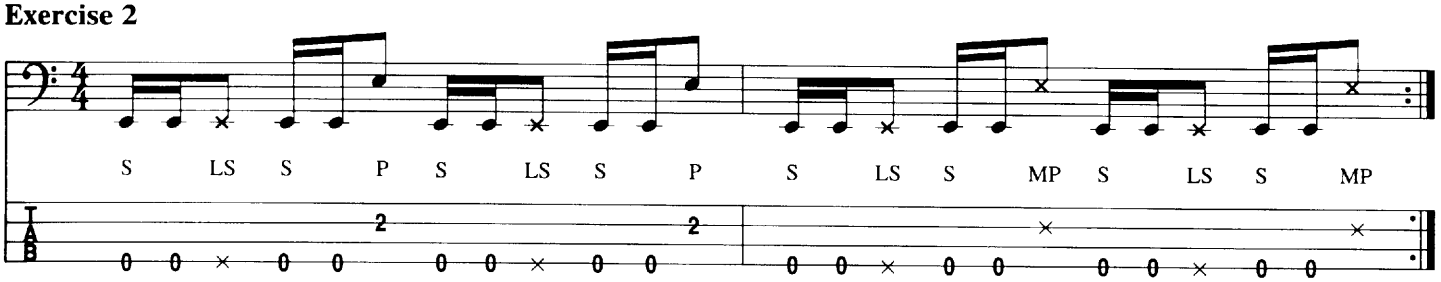


PART THREE ***Exercises combining the left hand slap, muted slap and muted pop, index finger pop and the thumb slap techniques***

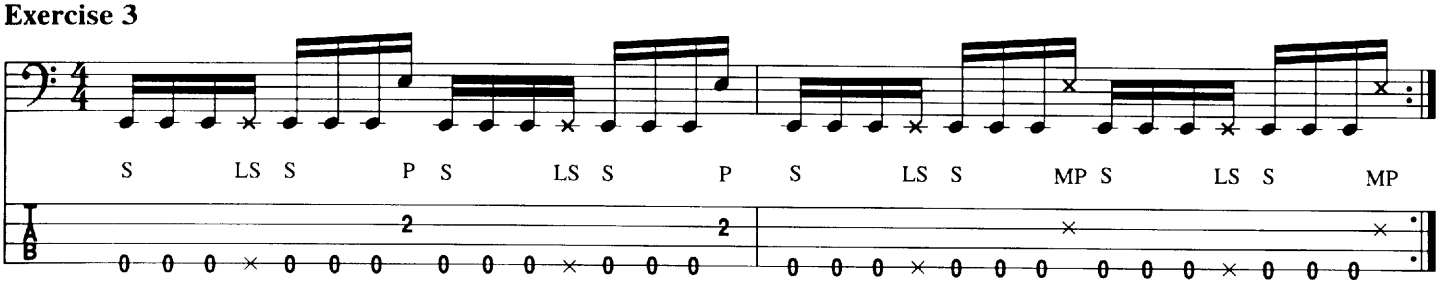
Exercise 1



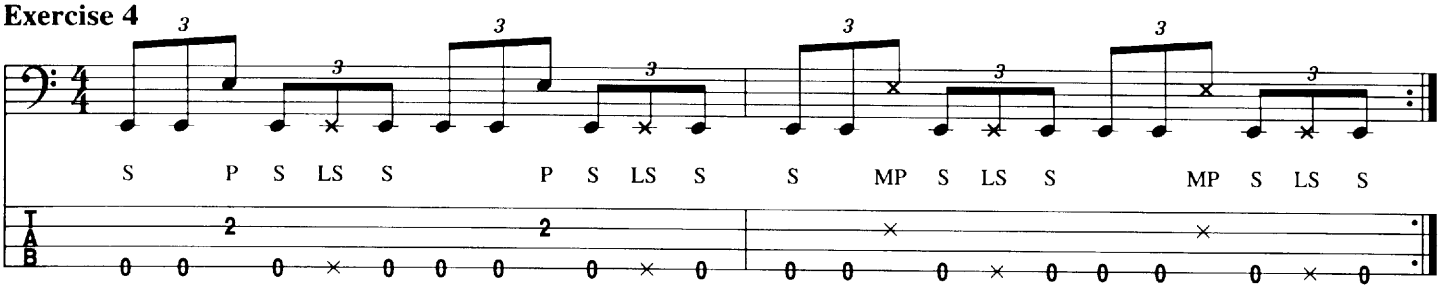
Exercise 2



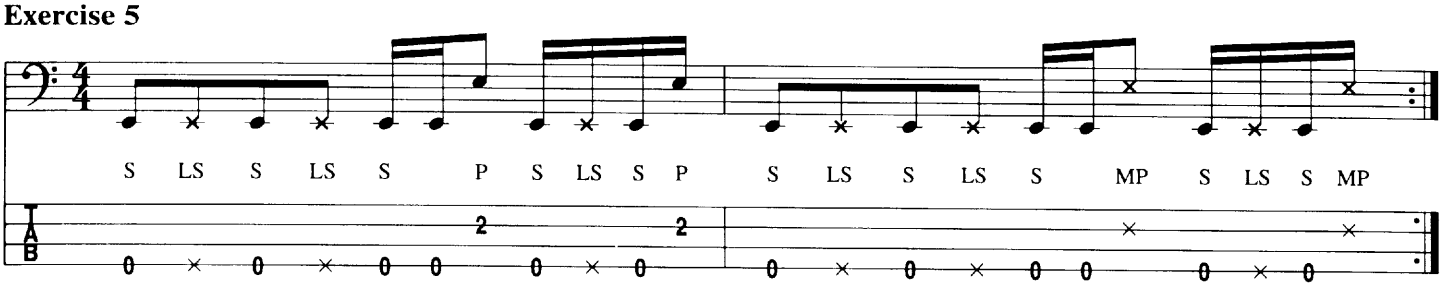
Exercise 3



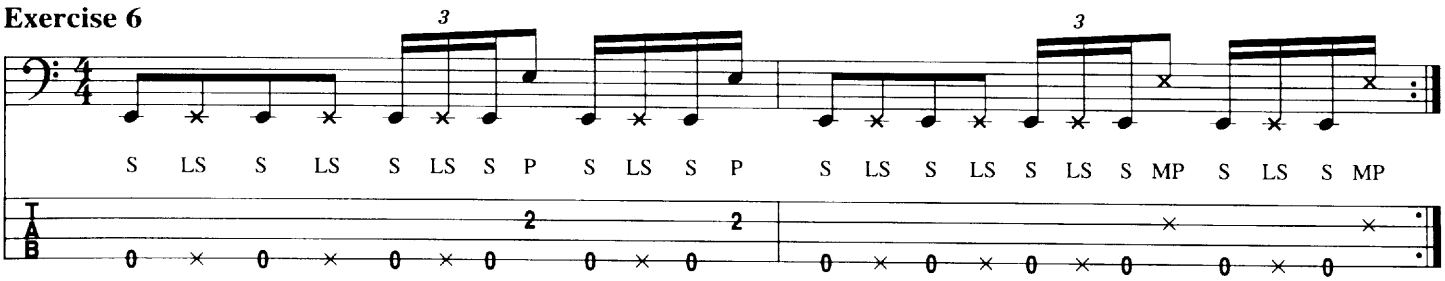
Exercise 4



Exercise 5

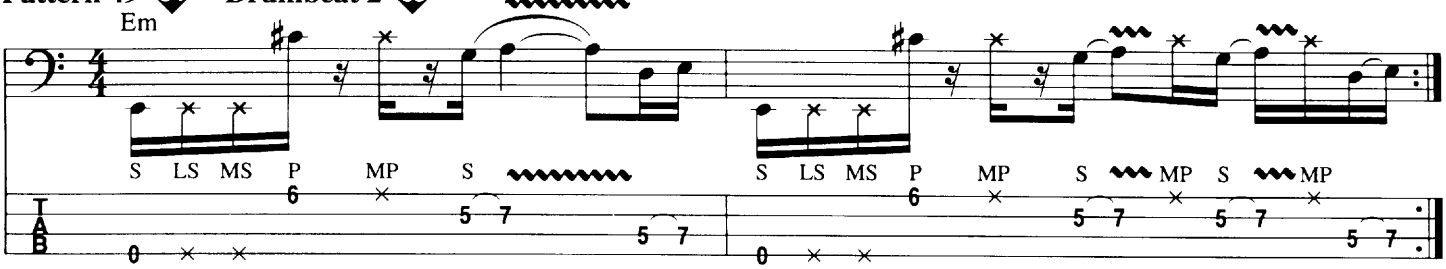


Exercise 6

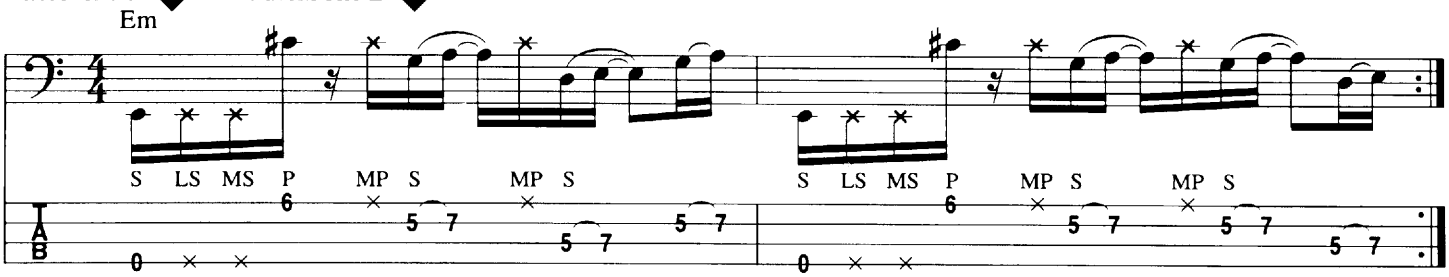


PART FOUR *Patterns combining the left hand slap, muted slap and muted pop, index finger pop and the thumb slap techniques*

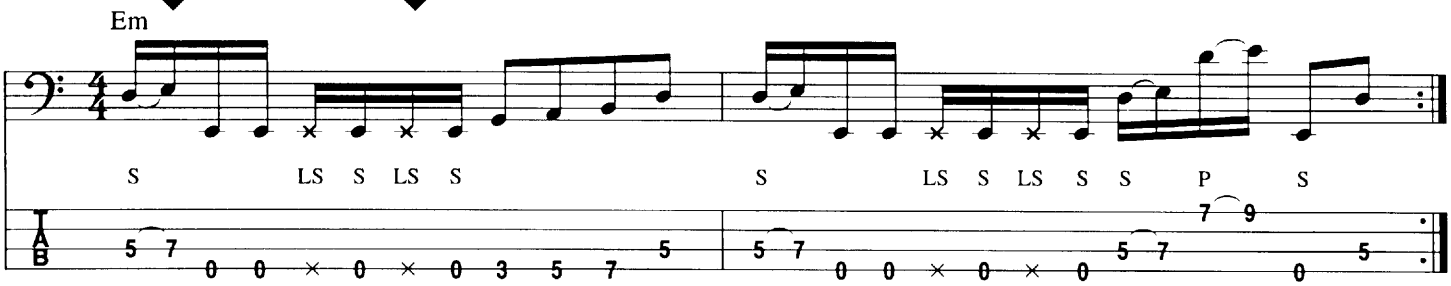
Pattern 49 54 **Drumbeat 2** 85



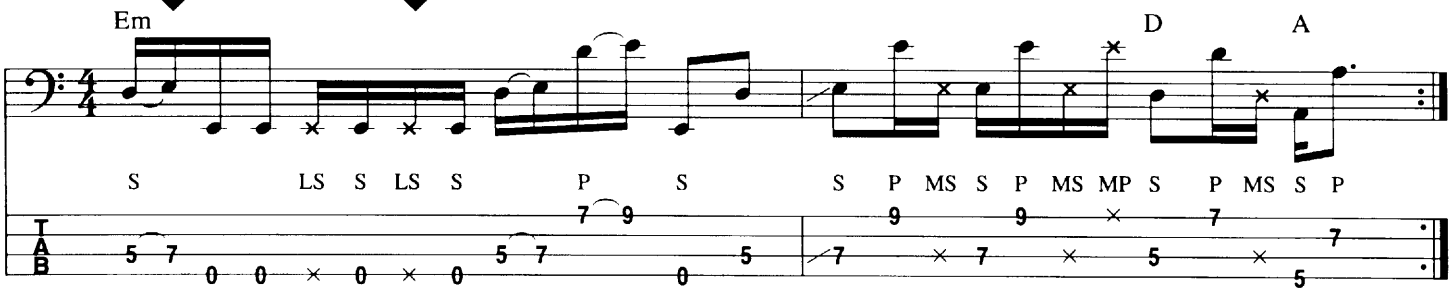
Pattern 50 55 **Drumbeat 2** 85



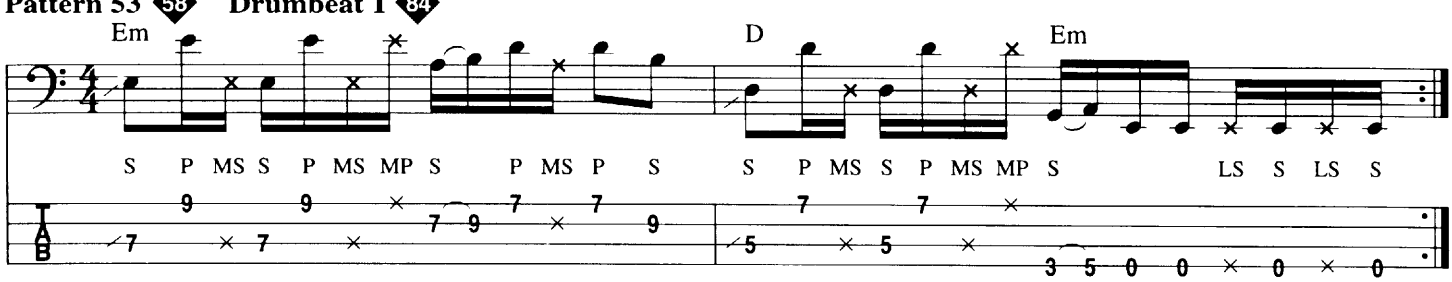
Pattern 51 56 **Drumbeat 1** 84



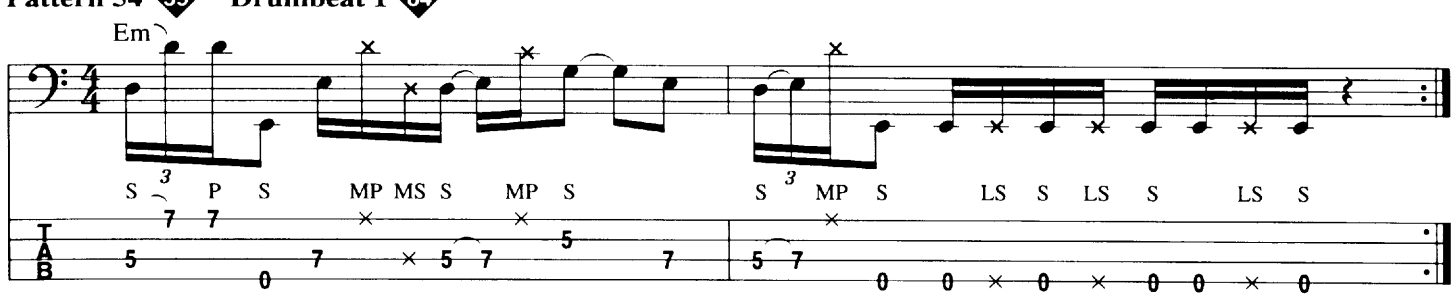
Pattern 52 57 **Drumbeat 1** 84



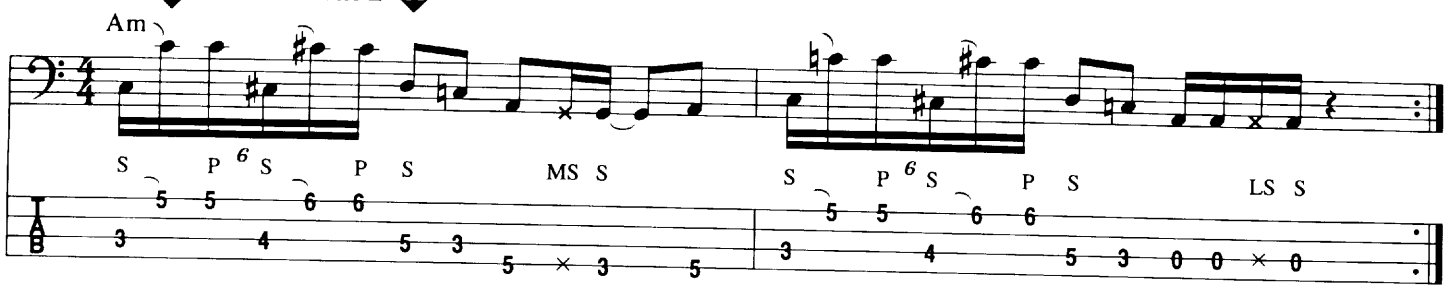
Pattern 53 58 **Drumbeat 1** 84



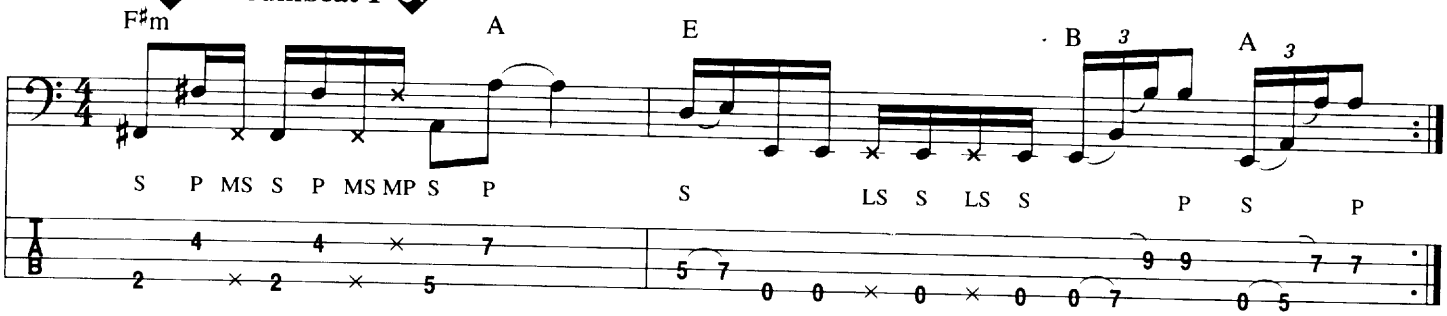
Pattern 54 59 **Drumbeat 1** 84



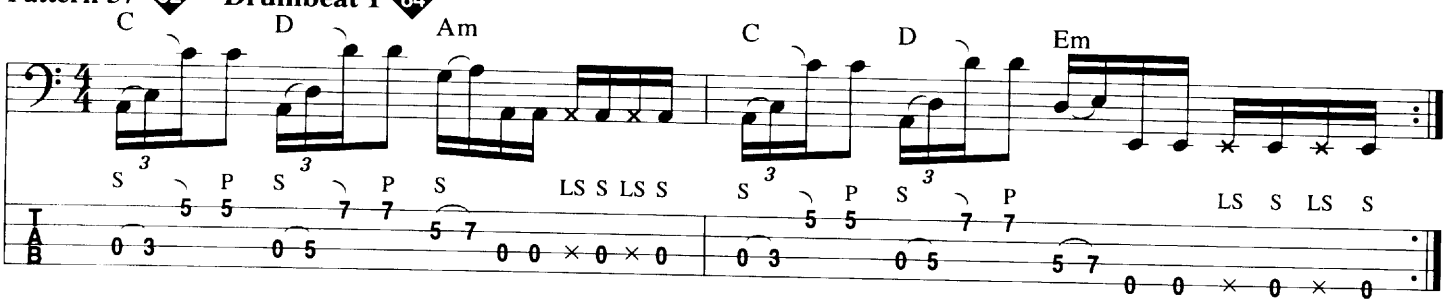
Pattern 55 60 **Drumbeat 2** 85



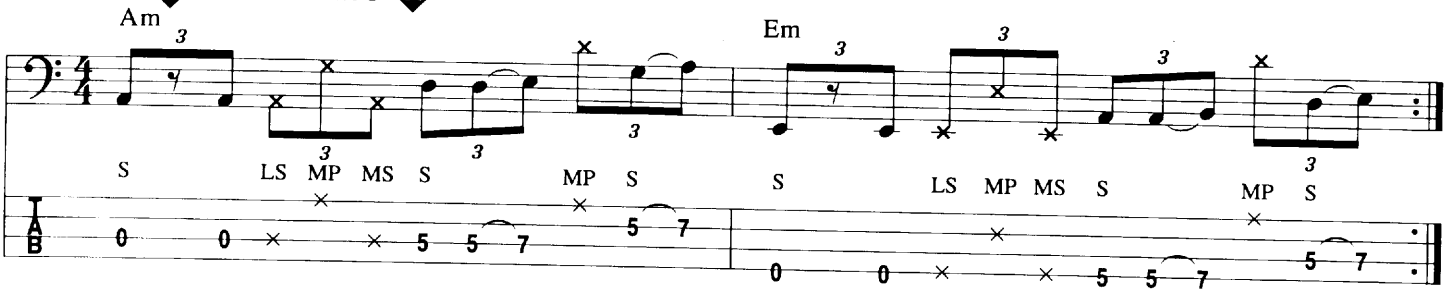
Pattern 56 61 **Drumbeat 1** 84



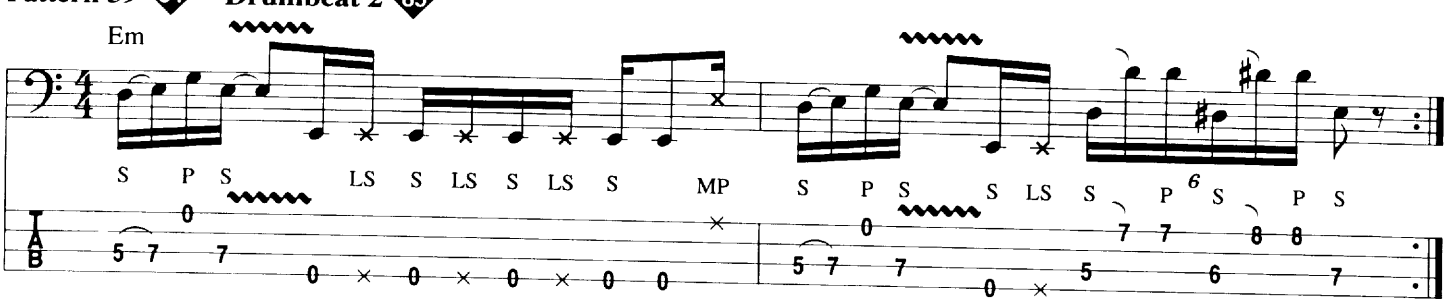
Pattern 57 62 **Drumbeat 1** 84



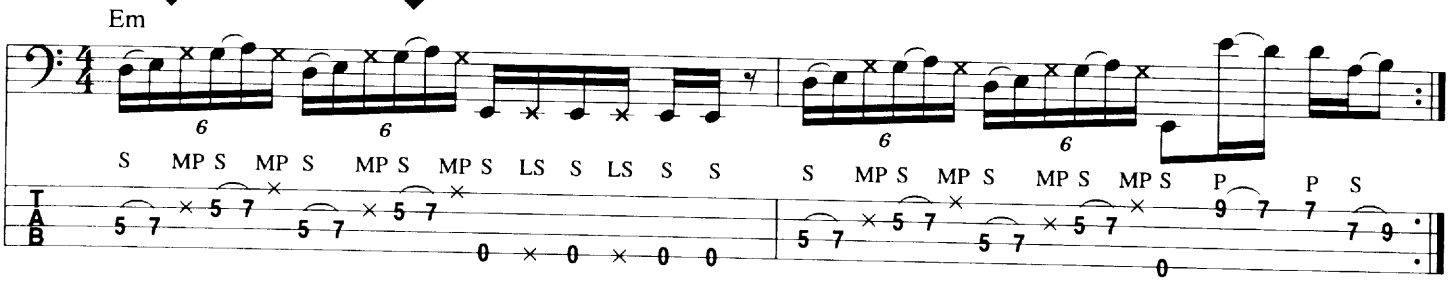
Pattern 58 63 **Drumbeat 3** 86



Pattern 59 64 **Drumbeat 2** 85

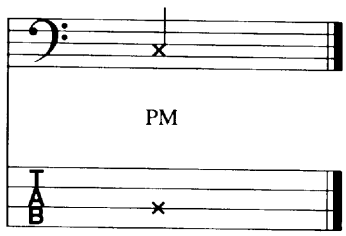


Pattern 60 65 **Drumbeat 1** 84



Section E

Palm Mute (PM)



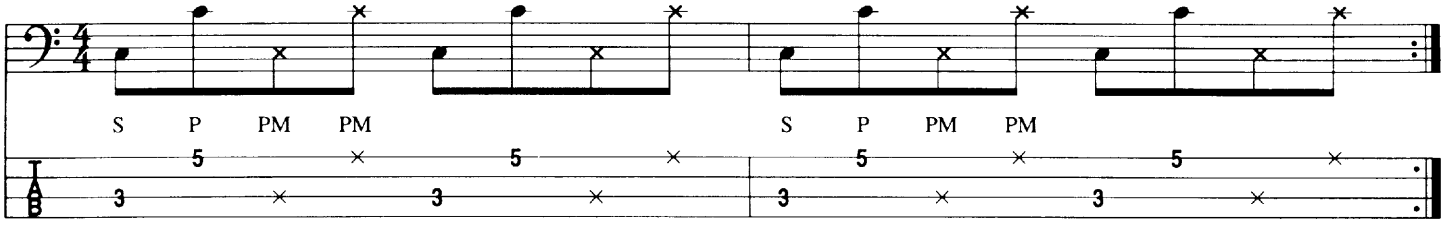
Partially mute the strings with the palm of your right hand.

Part 1 *Exercises to develop the palm mute technique*

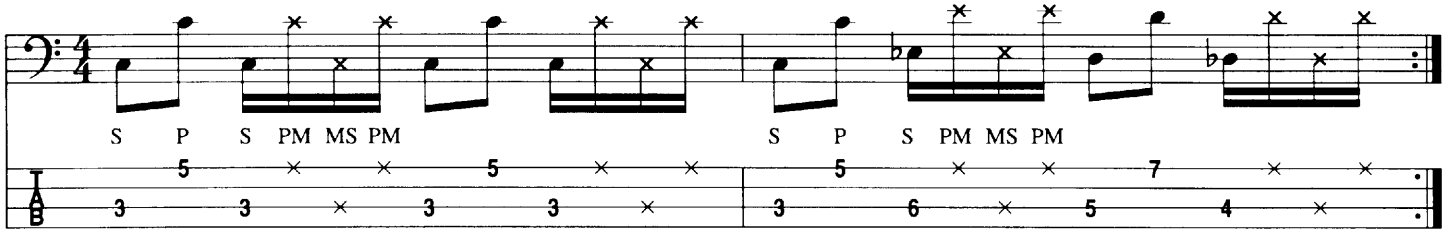
Part 2 *Patterns using the palm mute technique*

PART ONE ***Exercises combining the palm mute, muted slap and muted pop, index finger pop and the thumb slap techniques***

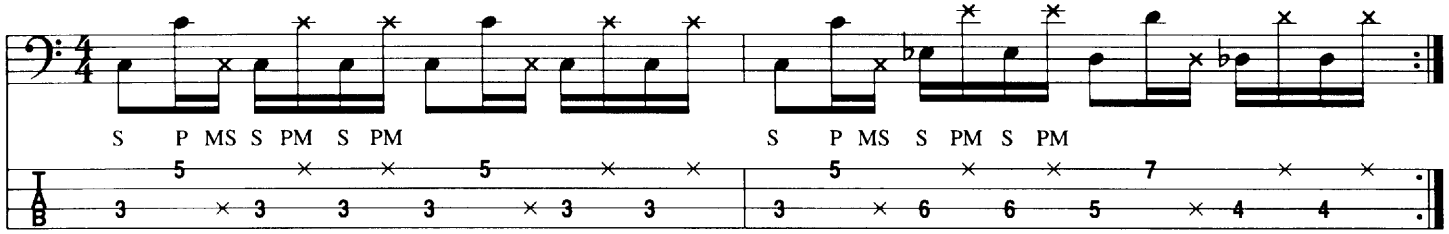
Exercise 1



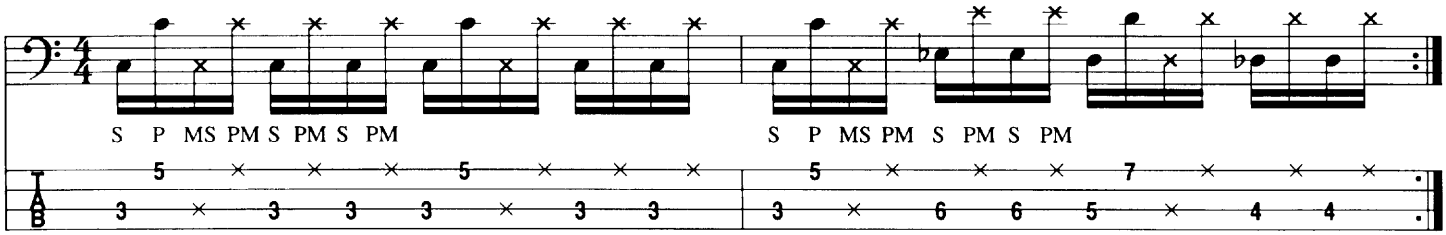
Exercise 2



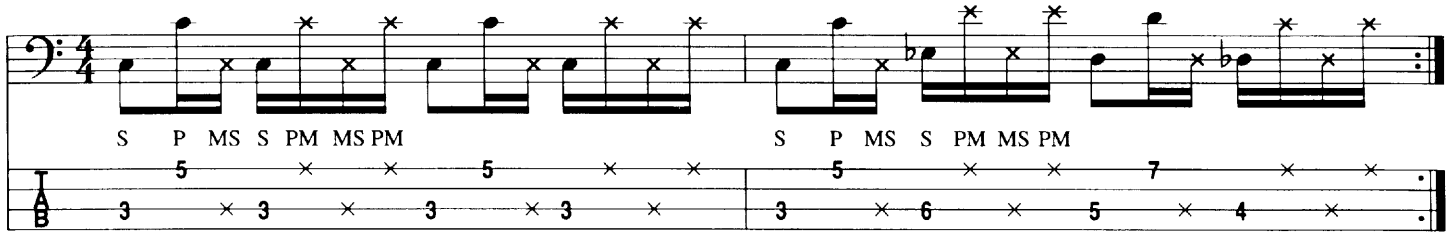
Exercise 3



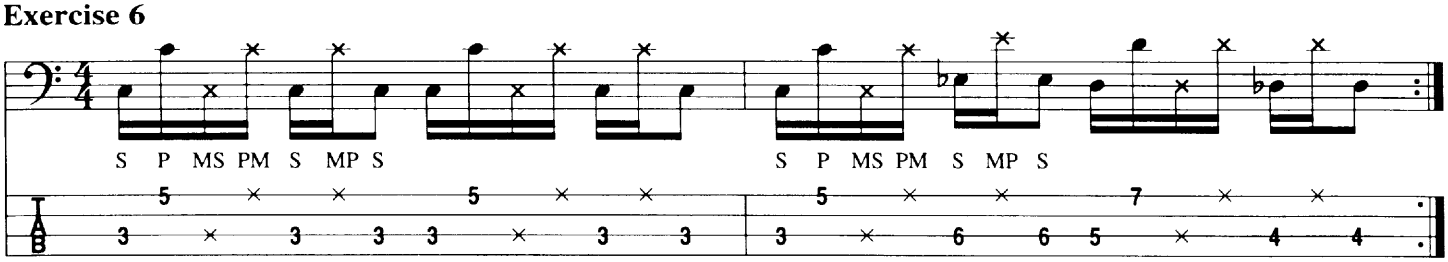
Exercise 4



Exercise 5

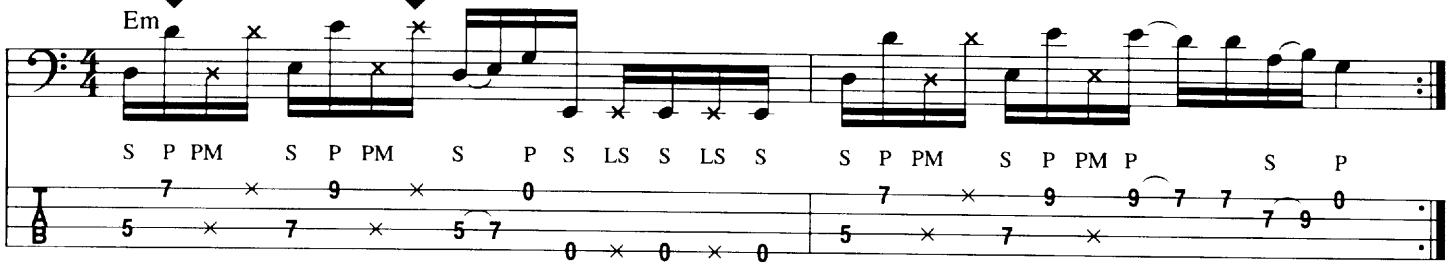


Exercise 6

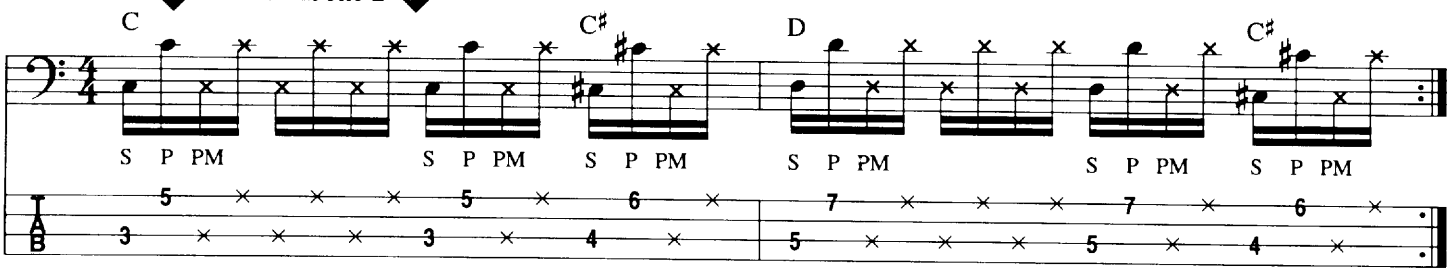


PART TWO *Patterns combining the palm mute, muted slap and muted pop, index finger pop and the thumb slap techniques*

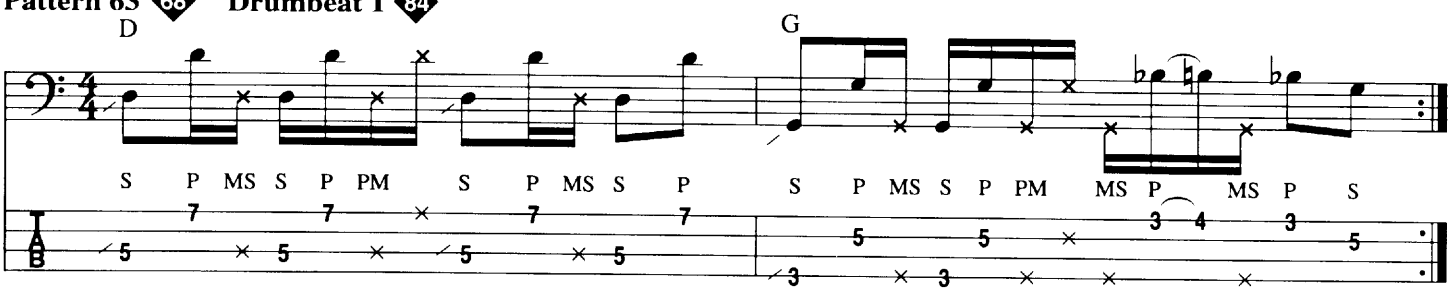
Pattern 61 66 **Drumbeat 1** 84



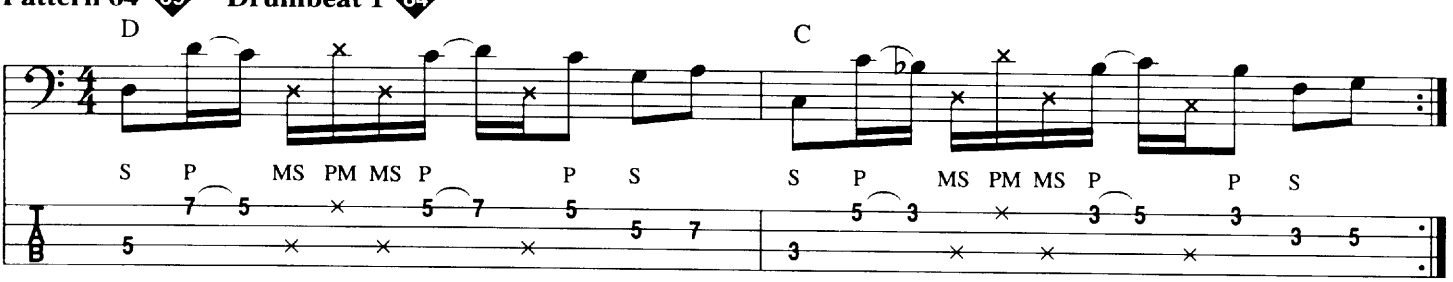
Pattern 62 67 **Drumbeat 1** 84



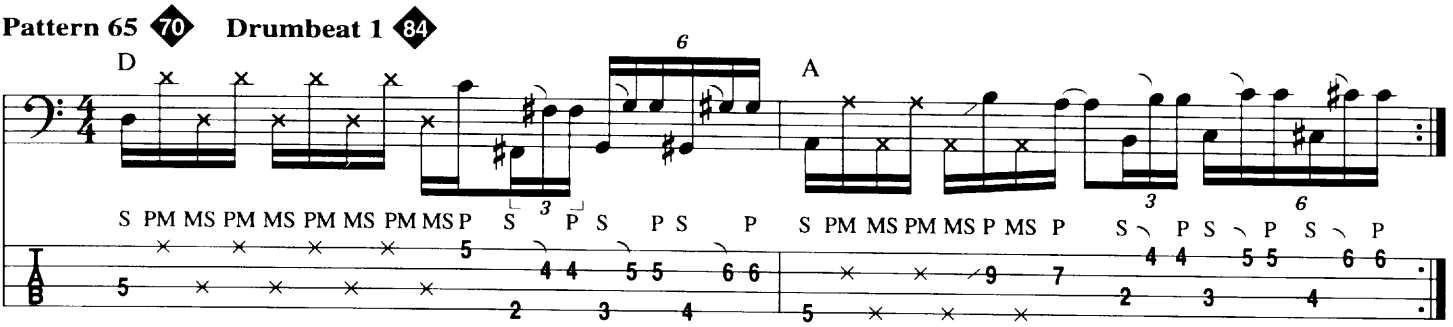
Pattern 63 68 **Drumbeat 1** 84



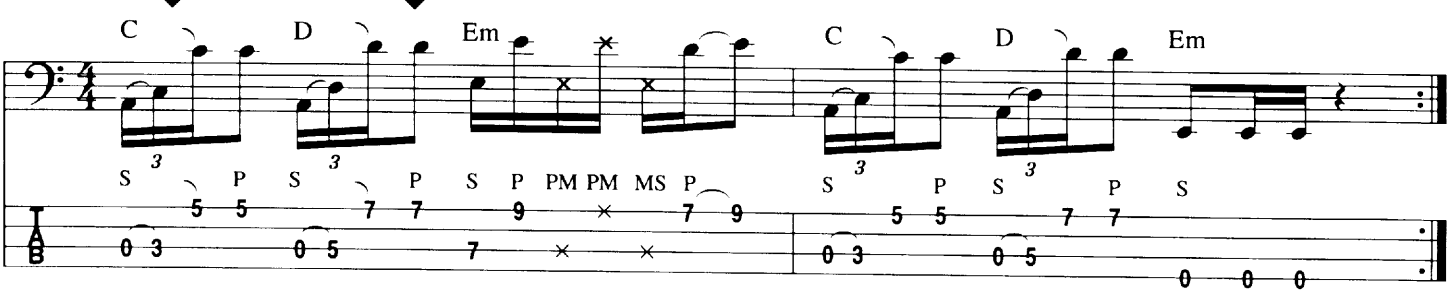
Pattern 64 69 **Drumbeat 1** 84



Pattern 65 70 **Drumbeat 1** 84

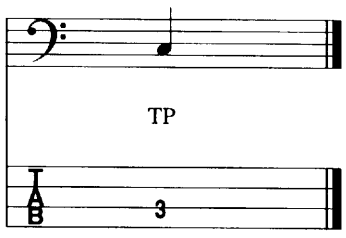


Pattern 66 71 **Drumbeat 1** 84



Section F

Thumb Pop (TP)



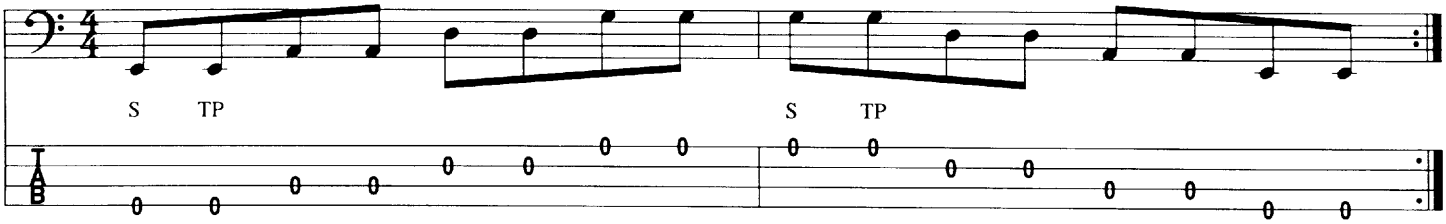
Pop the string with the thumb by pulling it up then releasing it so that it rebounds against the fretboard.

Part 1 *Exercises to develop the thumb pop technique*

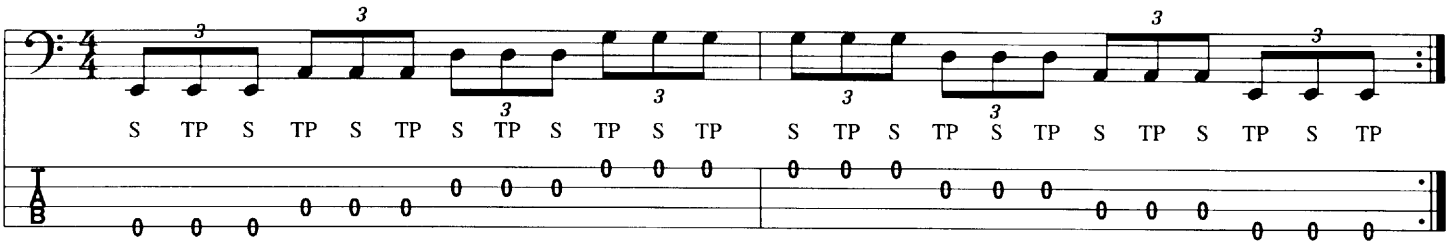
Part 2 *Patterns using the thumb pop technique*

PART ONE *Exercises combining the thumb pop and the thumb slap techniques*

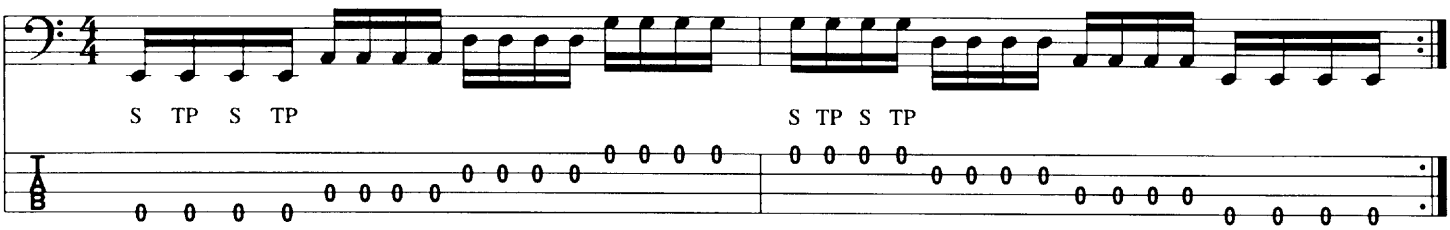
Exercise 1



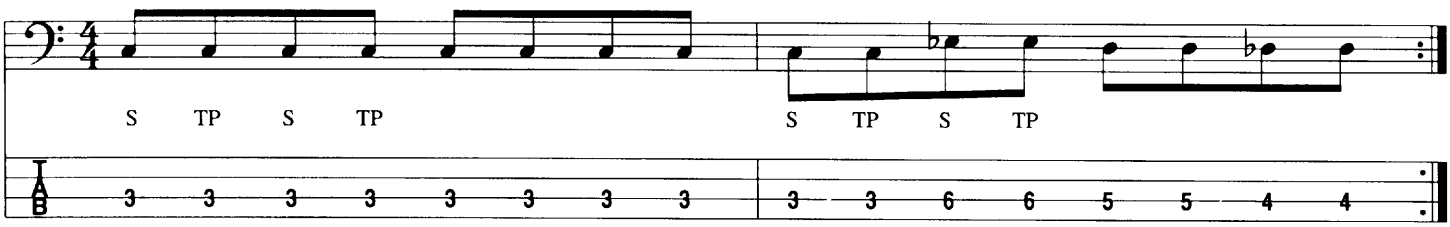
Exercise 2



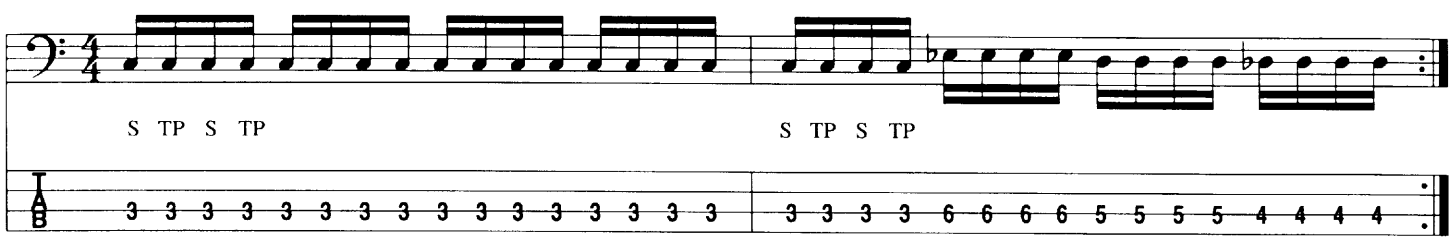
Exercise 3



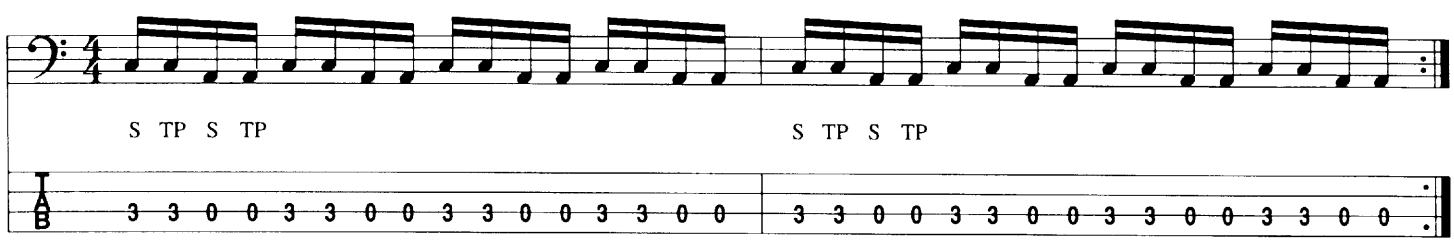
Exercise 4



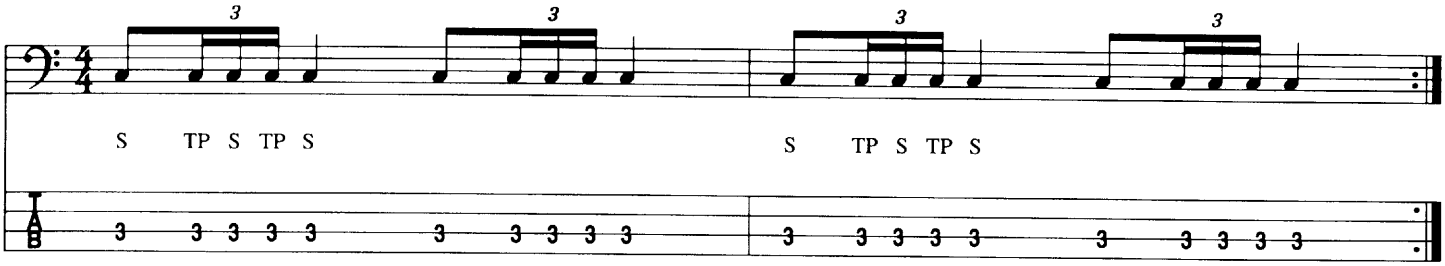
Exercise 5



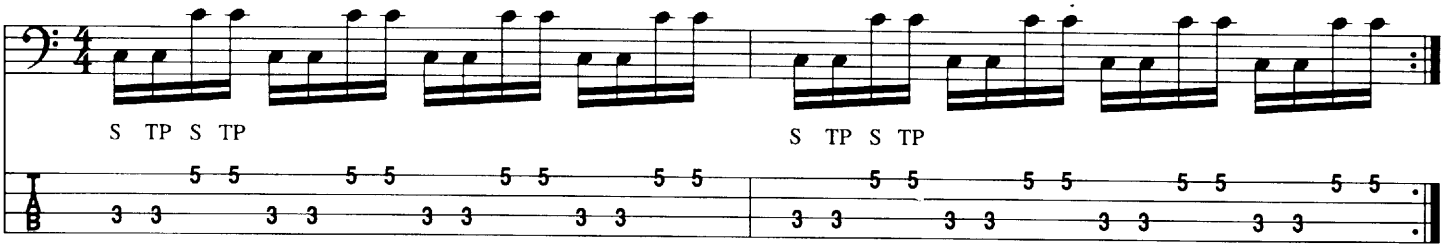
Exercise 6



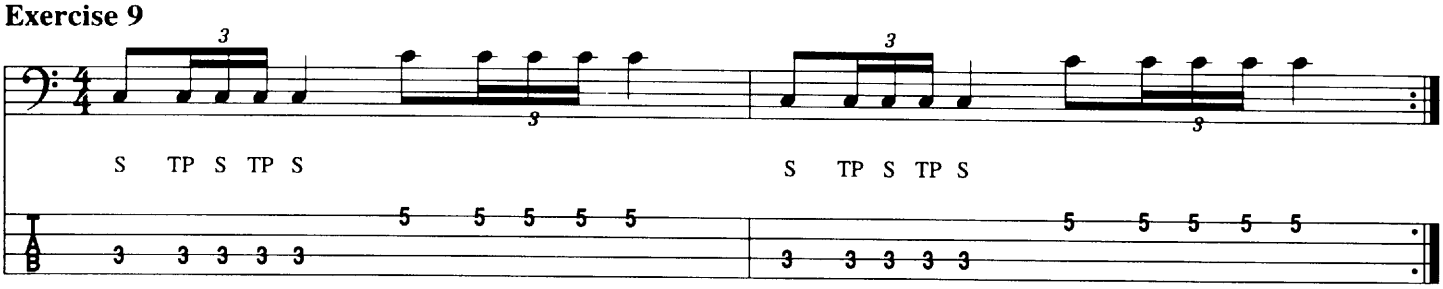
Exercise 7



Exercise 8

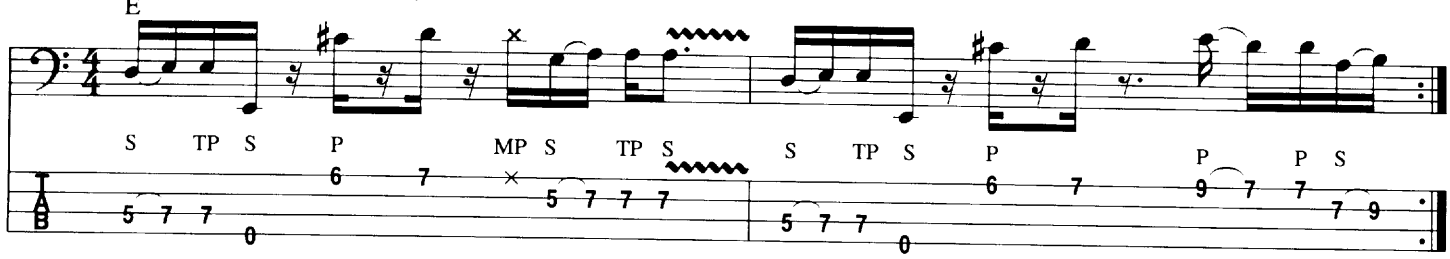


Exercise 9

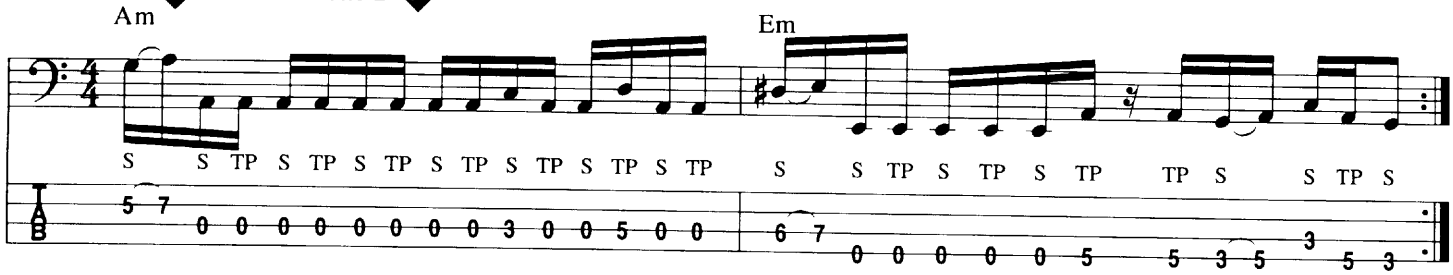


PART TWO *Patterns combing the thumb pop, index finger pop and thumb slap techniques*

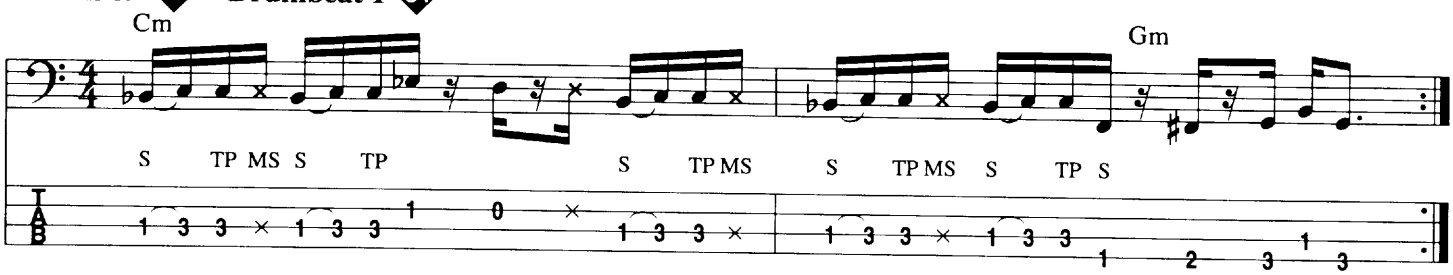
Pattern 67 72 **Drumbeat 2** 85



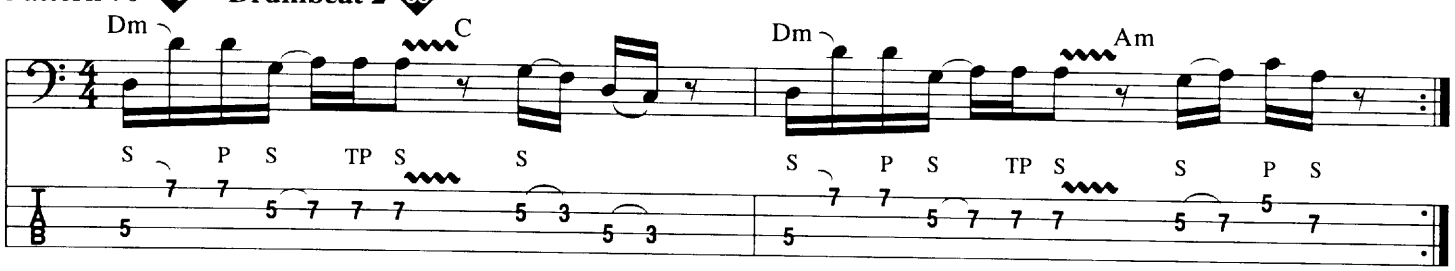
Pattern 68 73 **Drumbeat 1** 84



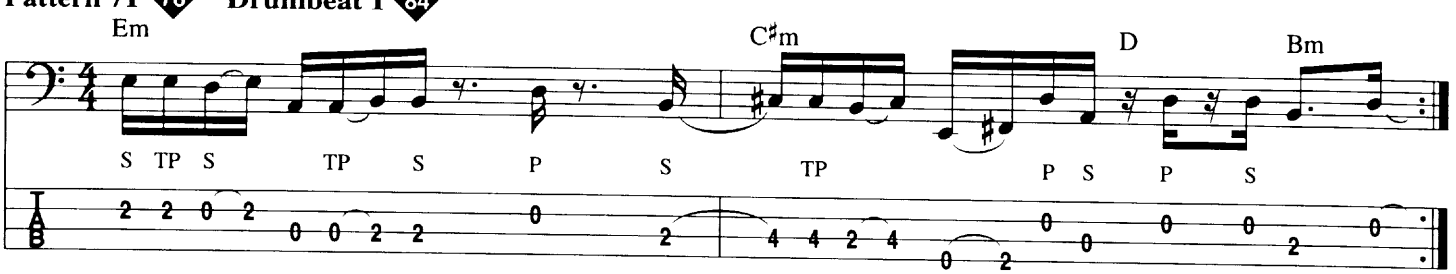
Pattern 69 74 **Drumbeat 1** 84



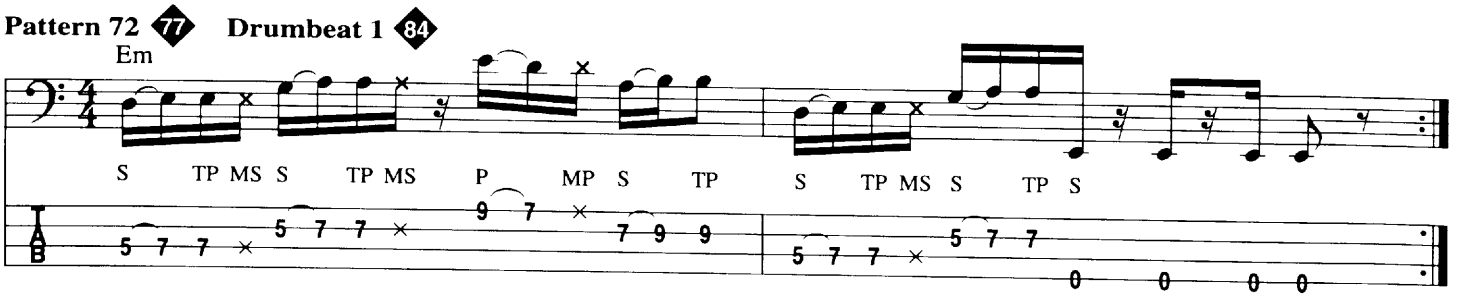
Pattern 70 75 **Drumbeat 2** 85



Pattern 71 76 **Drumbeat 1** 84

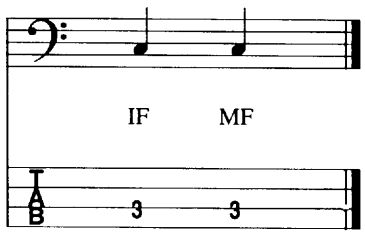


Pattern 72 77 **Drumbeat 1** 84



Section G

Index (IF) and Middle Finger (MF) Slap



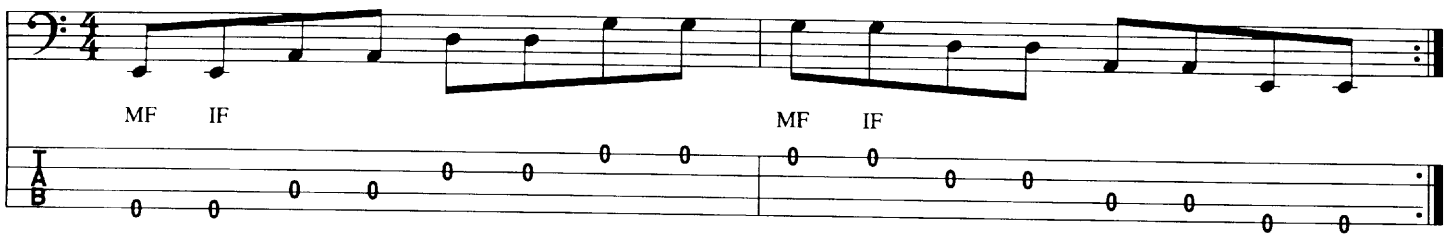
Slap the string with the index or middle finger.

Part 1 *Exercises to develop the index and middle finger slap technique*

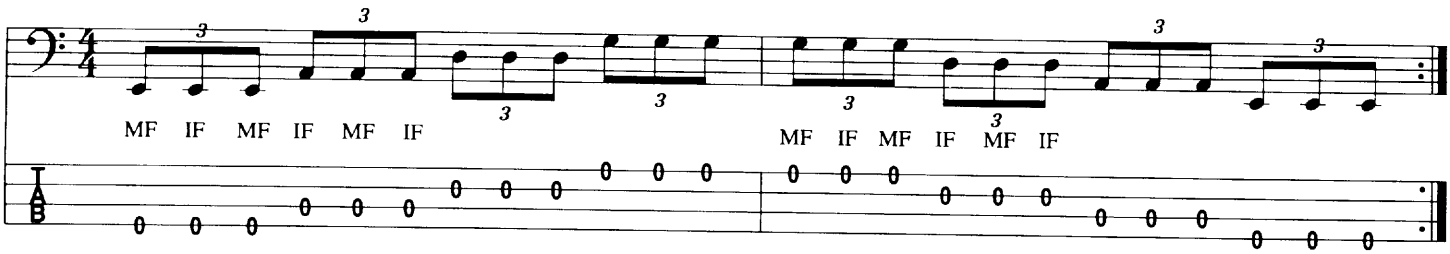
Part 2 *Patterns using the index and middle finger slap technique*

PART ONE ***Exercises combining the index finger slap and middle finger slap, muted slap and muted pop, index pop and thumb slap techniques***

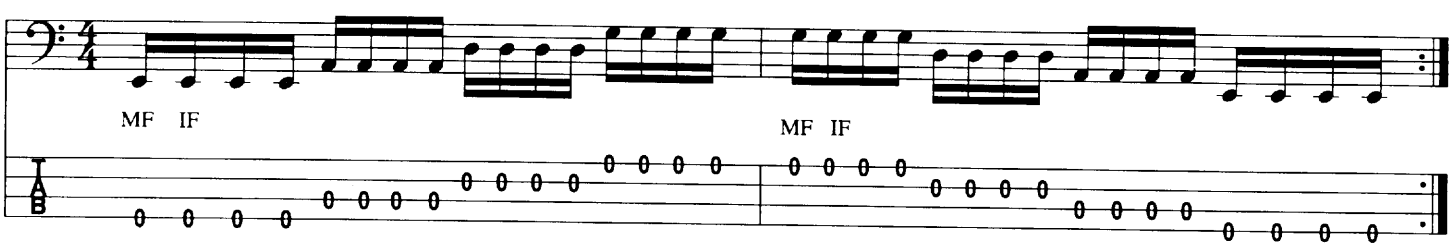
Exercise 1



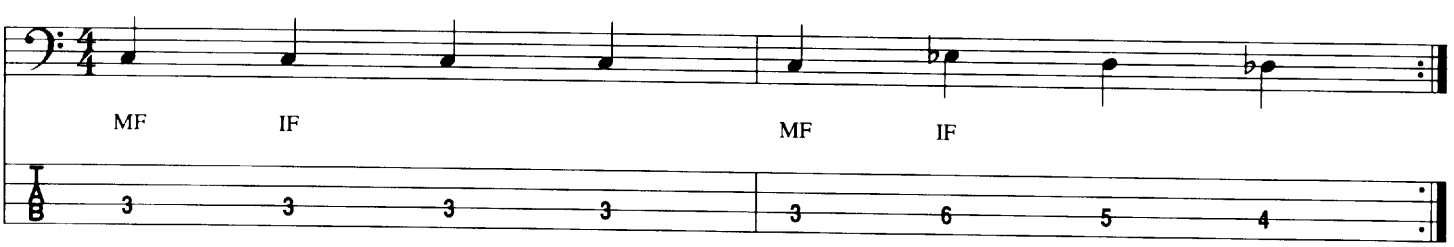
Exercise 2



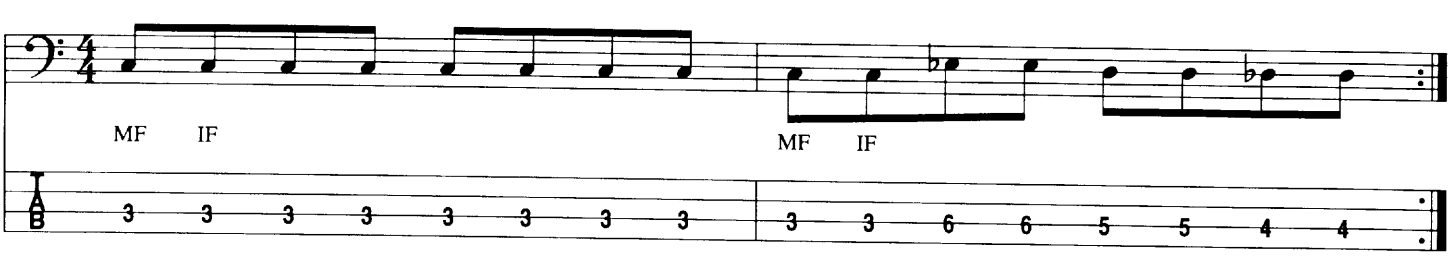
Exercise 3



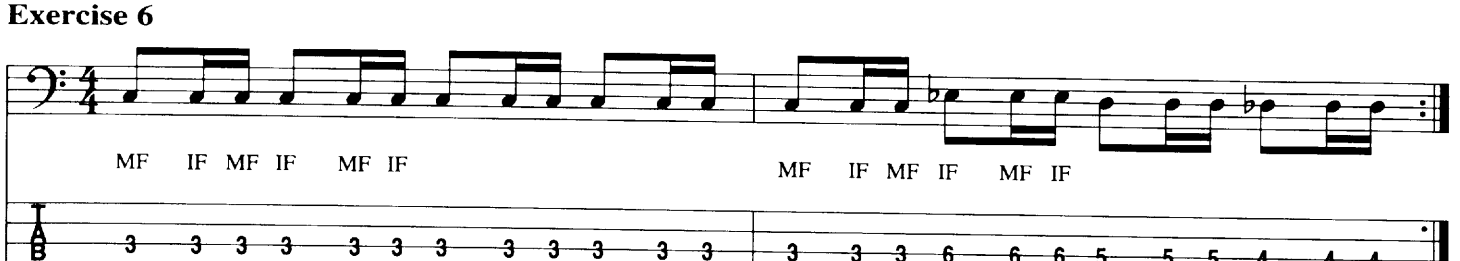
Exercise 4



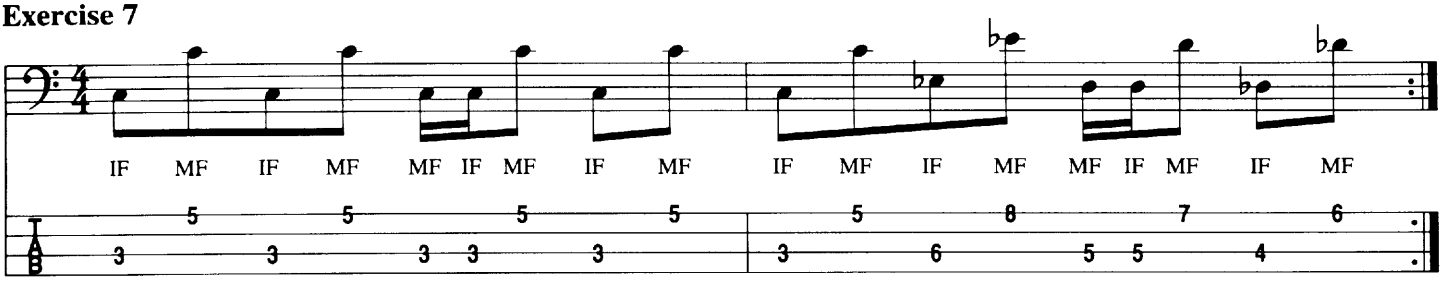
Exercise 5



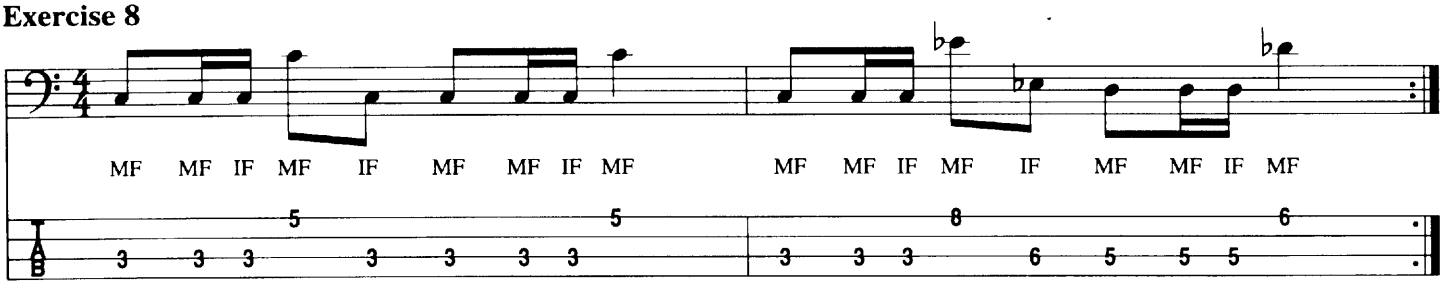
Exercise 6



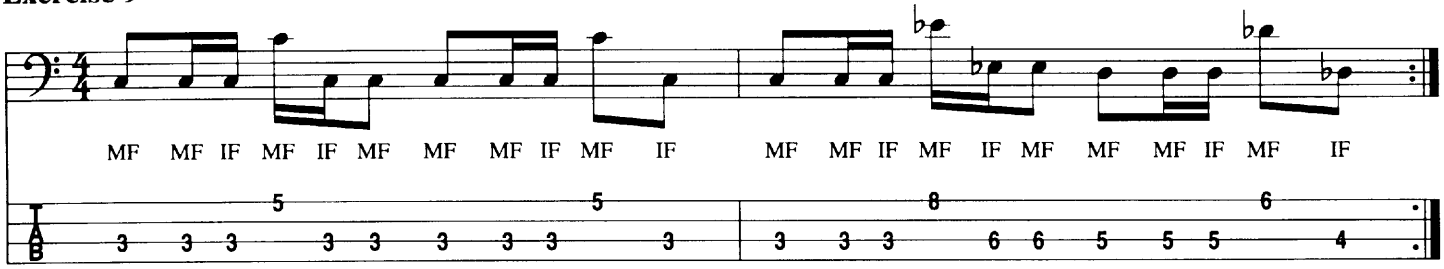
Exercise 7



Exercise 8

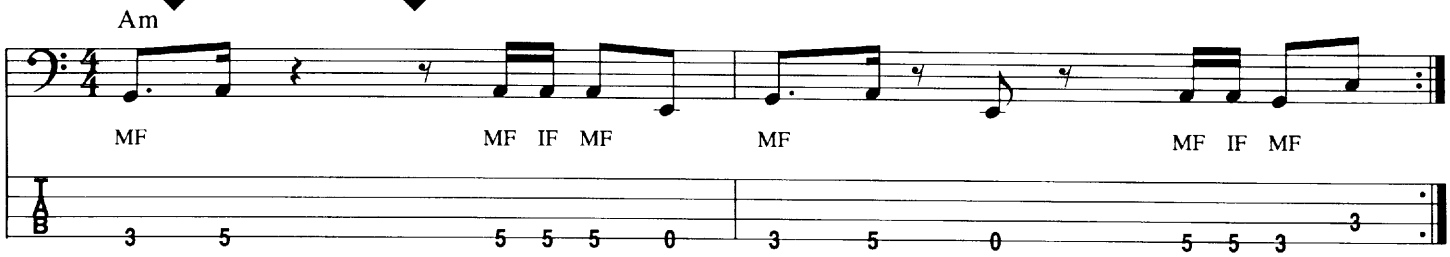


Exercise 9

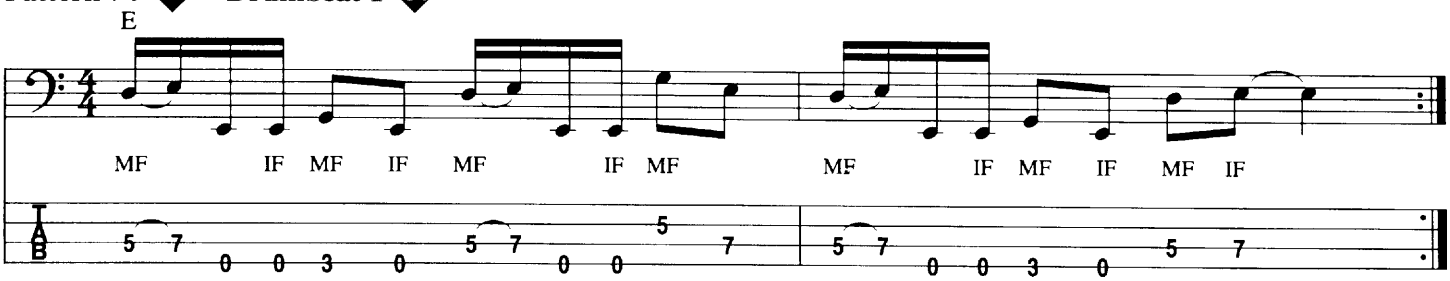


PART TWO *Patterns combining the index finger slap and middle finger slap, muted slap and muted pop, index pop and thumb slap techniques*

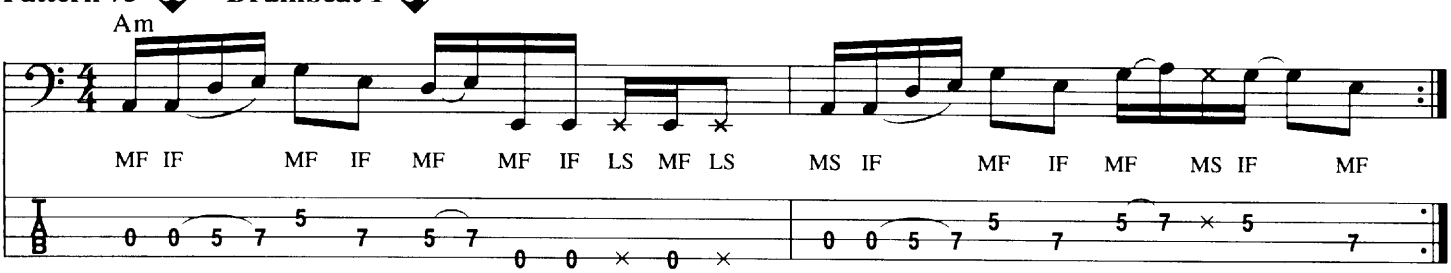
Pattern 73 78 **Drumbeat 1** 84



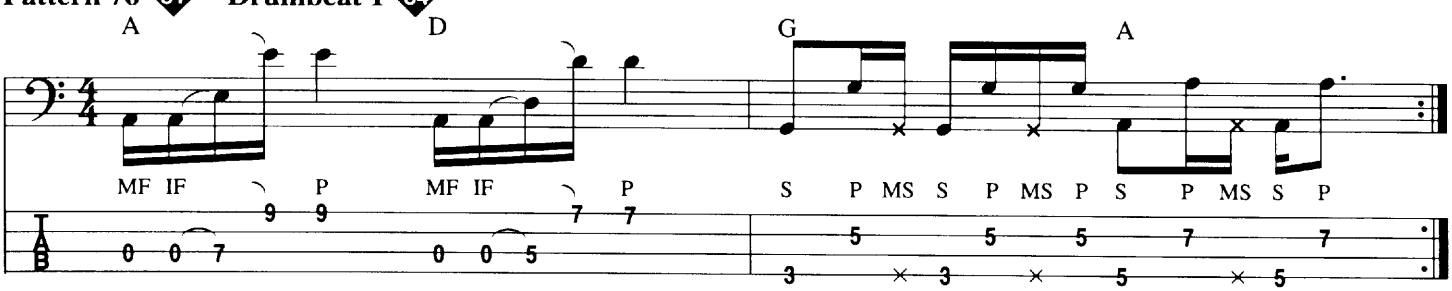
Pattern 74 79 **Drumbeat 1** 84



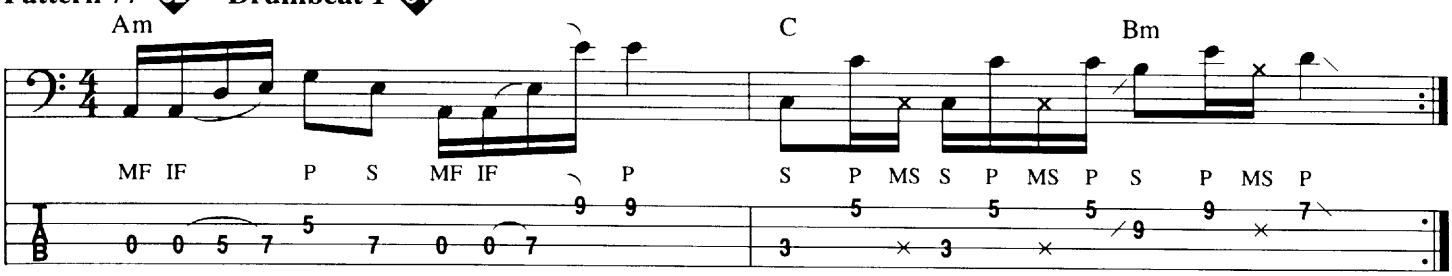
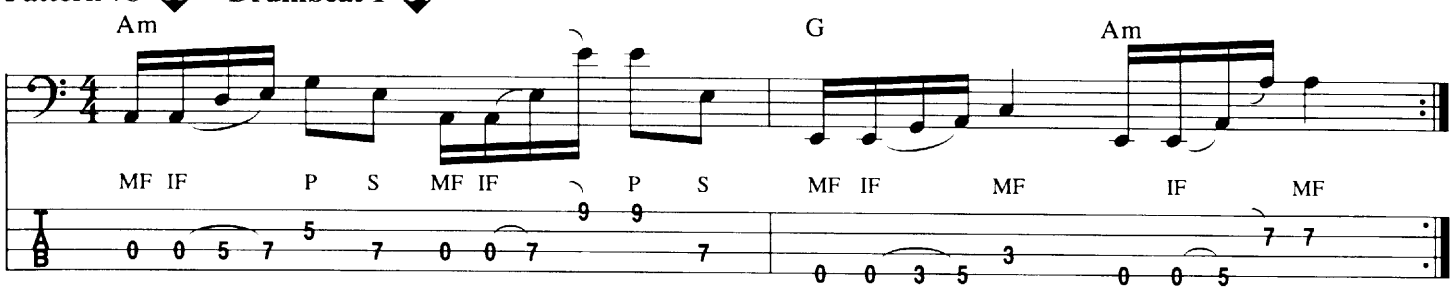
Pattern 75 80 **Drumbeat 1** 84



Pattern 76 81 **Drumbeat 1** 84



Pattern 77 82 **Drumbeat 1** 84



Pattern 78 83 **Drumbeat 1** 84